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Rosewater Spray



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Introduction to Rose Water

Thank you for downloading this guide on how to use your new Rose Water Spray!

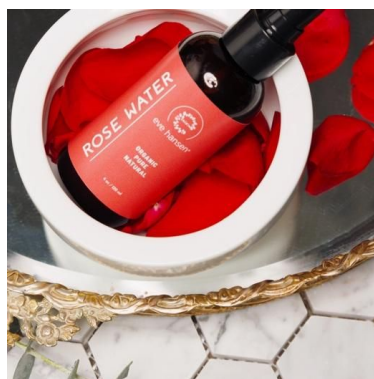
Rosewater spray is used in cosmetics for its lovely scent, and because it has light astringent properties. As the gentlest of all astringents, rose water spray is often used as a toner for fair and dry skin. Rosewater is also used as an anti-inflammatory agent, antiseptic, or astringent in facial cleansing products. The uplifting floral scent is a plus – which is why most facial cleansers use rosewater.

Another major benefit of using rosewater is that it promotes the stimulation of blood circulation in our body's blood vessels. Good blood circulation underneath the skin means that the overall condition of the skin will significantly improve. The appearance of veins, scars, burns, and aging skin are vastly reduced because of the rose water component.

Rosewater Spray is imperative for maintaining the health of the skin as it makes an ideal facial toner. Skin toning should be a regular part of any healthy beauty routine for people of all skin types. Toning is the step after cleansing and it has many skin benefits such as: balancing pH levels in skin, removing excess dirt, oils, and grime that the cleanser might not have picked up on, and it prepares the face for the serums and creams to be applied after.

The effectiveness and usefulness of rose water is found in its versatile nature. In addition to smelling lovely, rosewater is a multipurpose and multi-use product. Rosewater may be used as a facial toner, makeup remover, hair treatment, eye brightener, aftershave treatment, light perfume, and a makeup freshener. One bottle of rosewater may just replace a dozen bottles of other – expensive – regular cosmetic products.

Let's Begin!





Understanding Rosewater

Origin

The cultivation of fragrant rose flowers for obtaining perfumes such as rose water, date back to Sassanid Persia. Locally, it was known as golab in the middle east and as zolapin in Byzantine Greece.

The current mass production of rose water through steam distillation was refined by Persian Chemist Avicenna in the medieval Islamic world which led to more efficient and economic uses for the perfume industry. It allowed for more productive and lucrative trade.

Since ancient times, roses have been used medicinally, nutritionally, and as a source of perfume. The ancient Greeks, Romans, and Phoenicians considered large public rose gardens to be as important as croplands like orchards and wheat fields.

Rose perfumes are made from rose oil – also called attar of roses – which is a mixture of volatile essential oils by steam-distilling crushed petals of roses. This process was first developed in Iran (Persia). Rose water is a by product of this steam distillation process.

Historical Uses

Rose water has a very distinctive flavor and is used heavily in Persian and Middle Eastern cuisine – especially in sweets such as ice cream, cookies, nougat, and baklava. It is also a favorite addition to tea. Rose water is also used to give some types of Turkish Delight sweets their distinctive flavors.

In the Arab world, Pakistan, and India, it is used to flavor milk and dairy-based dishes such as rice pudding. It is also a key ingredient in sweet lassi, a drink made from yogurt, sugar, and various fruit juices, and is also used to make jallab. In Malaysia and Singapore



sweet red-tinted rose water is mixed with milk which then turns pink to make a delicious drink called bandung, Rose water is also frequently used as a halal substitute for red wine and other alcohols in cooking.

American and European bakers also enjoyed the floral flavoring in their baking until the 19th century when vanilla extract became popular. In the historic English county of Yorkshire rosewater has long been used as a flavoring for one of the region's best-loved dishes; Yorkshire curd tart.

Cosmetic and Medicinal Uses

Rose water is a natural component of perfume. A rose water ointment is occasionally used as an emollient and rose water is often used in cosmetic products. Rose water spray may be applied directly to the face for natural toning, soothing, puffiness reducing, and moisturizing effects.

Eve Hansen's Rose Water Spray

USDA Certified Organic Moroccan Rose Water is a rejuvenating facial toner and cleanser. This refreshing, hydrating mist is cleanly formulated with fragrant herbal extracts and rose water that will uplift your mood or freshen your room with just a few sprays. Rose water softens and replenishes moisture, restores and balances your skin's pH level, as well as helps to reduce redness and skin irritation.

Rose water has always found a place in every household because of all the great benefits it has to offer. Our Rose Water Spray is 100% Organic, Pure, and Natural Moroccan Rose Water that is pure and distilled. No chemicals, No preservatives, No Added Fragrance. Rose water is hypoallergenic and doesn't cause any discomfort, breakouts, or a stinging effect after use.



- It absorbs quickly and does not leave any sticky or oily residue or film on the skin
- Suitable for all skin types including: normal, oily, dry, combination, acne-prone, and sensitive.
- Rosewater is also safe for pregnant women

Beauty Benefits of Rose Water:

Rose water is one of the most unusual ingredients that you can include in your skin care routine. It helps soften your skin and gives it a natural, healthy glow. Rosewater works wonders for skin in many ways.

Let's take a look at some of its most common beauty uses:

- Rosewater helps to maintain your skin's pH balance.
- It helps fight acne, dermatitis, and eczema.
- Rose water hydrates, revitalizes, and moisturizes the skin and makes it smooth.
- It also helps to heal scars, cuts, and wounds.
- It helps to tone the skin and has antibacterial properties.
- The antioxidant properties of rose water help to strengthen skin cells and regenerate skin tissues.
- The nourishing and moisturizing properties of rose water enhance the quality of hair,
- Rose water helps to treat mild scalp inflammations and dandruff that are caused by fungal infections.
- It also contributes to revitalize aging skin and keeps fine lines at bay.
- Acts as a cleanser by removing dirt, oils, and grime.

Rosewater Treatment Recipes for Acne:

Good news acne sufferers – Using rose water has shown improvement in the clarity of skin!



- Mix the juice of one lemon and rose water in equal quantities.
- Apply this mixture onto face and keep it on for 30 minutes
- Wash it off with water and continue use for 2-3 weeks to see a visible difference in the complexion of your skin.

Application of rose water helps relieve acne and reduces blemishes and scars.

Another way to use rose water for treating acne is to add it as an ingredient in a cucumber and honey homemade face mask.

- Blend two inches of a fresh, cold cucumber with 2 tbsp of raw honey.
- Add just enough rose water to mask a soft paste.
- Before applying the pack, wash your face with warm water.
- Pat dry and apply mask
- Wait for 15 minutes then rinse and enjoy how your skin feels.
- Use once a week

Include rose water in other ways as a part of your daily beauty routine and experience the glowing and healthy skin you've always wanted!.

Amazing Ways Rosewater Spray Can Change Your Beauty Routine

Rosewater spray is a great gentle and natural ingredient with many skin-enhancing benefits. A single bottle of rose water can replace many beauty products that are found in our product collection because of how useful it is. Rosewater helps hydrate, refresh, soothe, and cleanse your skin – and it can compete with and take the place of your every day eye cream, toner, perfume, and makeup setting spray.

1. Makeup Remover

Rosewater is incredibly efficient at whisking away even the harshest of waterproof eye makeup, yet gentle enough that it will never irritate the skin or burn the eyes.

Plus, any lingering rosewater spray will keep the skin soft and hydrated.



2. Hair Treatment

Got dry, dull tresses? Bring a cup of rosewater into the shower with you and after shampooing, use it as a final hair rinse. It will condition your strands like no other, as well as add a luminous shine you didn't know was possible!. Another way to use Rose Water for your hair is to add it to your regular shampoo and conditioner to get soft and refreshed hair – with a gorgeous scent that lasts all day long!

3. Eye Brightener

We can't say it enough: Rosewater spray is a winner at banishing redness, discoloration, and dark spots. It helps to relieve any eye stress or fatigue. Don't freak out if you wake up with puffy eye bags or dark circles. Simply soak a few cotton balls in the magic juice and apply around your eyes for five minutes. Not only does it feel amazing, but you'll look as if you've gotten a full 8 hours!

4. Aftershave Treatment

"Rosewater spray's benefits stem from possessing natural anti-inflammatory properties, which make it ideal for topical application to calm red and irritated skin conditions. If you're the type that's riddled with painful irritation after even the most careful of shave sessions, rose water spray is the solution you've been waiting for. Apply it to skin after stepping out of the shower, and you'll feel instant relief and your skin will still feel soft and silky hours later.

5. Makeup Freshener

Who doesn't hate looking in the mirror after lunch only to find that the day's makeup looks dull and cakey? Add rosewater spray to a travel-sized bag and spritz on the face whenever the dreaded moment strikes. Your complexion and makeup will be revived, reenergized, and you'll notice a lovely new glow.

6. Light Fragrance



Intricate perfumes aren't for everyone, and rosewater spray is the perfect scent for a fragrance minimalist as it has a light and refreshing aroma. Dab on the neck and wrists and enjoy as peoples' noses perk up when you step into a room!

7. Makeup Setter

Use rosewater as a makeup setter. After applying all your makeup, spritz a few sprays to your entire face to ensure your skin glows and your makeup stays as flawless as the second you put it on!

Rosewater Properties & Benefits

1. Cleansing

Rose Water can be used as a cleanser to remove dirt, makeup, and other pollutants especially when you are on the go. When cleansing, pump a few sprays into a cotton pad to remove excess impurities that can clog pores. Also use on neck and chest.

2. Toning & pH Balancing

This product restores and balances your skin's pH level. It unblocks and also tightens stubborn pores. Also, it also removes any residue including dead skin cells. It absorbs excess oil buildup without drying your skin out. It helps to minimize blackheads, acne, pimples, and enhances natural skin radiance.

3. Calming & Anti-Inflammatory

This spray soothes irritation and itchiness, including reducing any redness on the skin and sunburnt areas.

4. Rejuvenating & Refreshing

Spray it on your face to refresh and rejuvenate tired skin after a long plane or car journey. You can also use it after a workout session and also comes in handy during hot weather.



5. Moisturizing

It hydrates and replenishes moisture on the face, and rejuvenates dry patches. It adds shine giving you a healthy complexion. It leaves your facial skin feeling hydrated, supple, and soft with a smooth texture.

6. Antioxidant

Rose water is full of antioxidants – this helps in the reversal of skin damage done by free radicals and prolonged exposure to the sun.



Eve Hansen's Rosewater Spray is the best natural skincare product for you and your family!



As this guide shows, Rosewater Spray offers you a wide variety of treatments or everyday skincare and beauty issues. This amazing spray is one of the best products to have in your beauty belt.

Use these suggested treatments, and anytime you have a health issue that you think Rosewater Spray can help with, give it a try. Just make sure to stay safe by reading the safety warnings on the product and you should see great results!

Enjoy using your Rose Water Spray!

Eve Hansen