



# RELIEVE + REPAIR

## POTENT HEALING QUERCETIN COMPLEX\*



### RELIEVE + REPAIR: FOR SUPERCHARGED HEALING

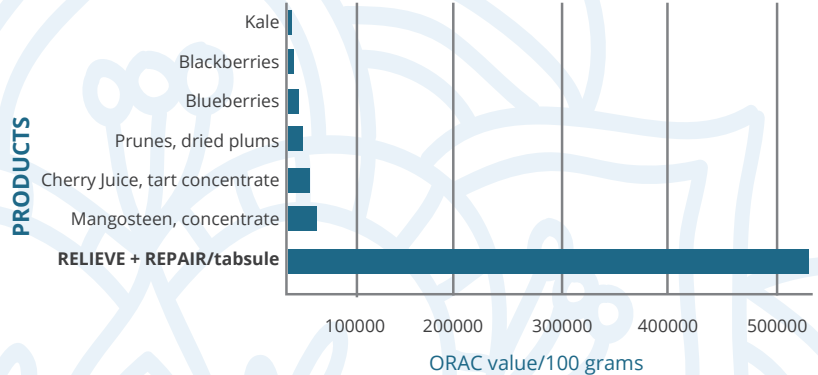
**RELIEVE + REPAIR** is your solution for managing inflammation (repair deficits) and for stimulating cell repair naturally.\* This advanced formulation enhances the body's innate immune system and its ability to repair more effectively than any other anti-inflammatory or flavonoid/ flavanol combination.\*

Nonsteroidal anti-inflammatory drugs (NSAIDs) such as Advil™ or ibuprofen, work by blocking or poisoning the body's cyclooxygenase system even though this enzyme catalyst is essential for the body to repair itself. NSAID side effects include dizziness, constipation, ringing in the ears, and intestinal ulcers. In contrast, when healthy repair is restored and completed, a down regulation of COX2 occurs naturally.\* **RELIEVE + REPAIR** achieves anti-inflammatory benefits in safer and more effective, natural ways without the heart and stroke risks confirmed for all COX2 inhibiting drugs.\*

### UNIQUE ANTIOXIDANT SYNERGIES

1. Quercetin dihydrate (1000 mg), the safest and most easily absorbed form of quercetin.\* The body only assimilates about 1% of most forms of quercetin, yet it easily absorbs 100% of monomeric quercetin dihydrate.\*
2. Pomegranate juice powder (60 mg): A potent antioxidant known for its pro-repair, anti-inflammatory, free radical trapping properties.\* From the Bible to the Koran to the Gita, pomegranate juice is prized and recommended for its many health properties.
3. OPC flavanols (10 mg) provides advanced cell stress protection and connective tissue (collagen and elastin) restoration.\*
4. ORAC values refer to the Oxygen Radical Absorbance Capacity of a food which denotes its antioxidant power. With the superior antioxidant ingredients in **RELIEVE + REPAIR**, when tested, it was found to have an ORAC value of 485,600 per 100 grams much higher than the well-known antioxidant rich foods like mangosteen, dark cherry, and prunes. According to USDA criteria, one (1) **RELIEVE + REPAIR** has the ORAC protection equal to a dozen portions of fruits and vegetables.

ANTIOXIDANT RICH FRUITS & VEGETABLES: ORAC VALUES/100 GRAMS



## OPCS: NATURE'S MIRACLES

Ologomeric proanthocyanidins are known collectively as OPCs. RELIEVE + REPAIR's OPCs can be absorbed into cell membranes, protecting against both fat- and water-soluble free radicals.\* OPCs are also able to cross the blood-brain barrier and protect the brain against oxidative stress and free-radical damage.\*

Because OPCs are so diverse, they deliver synergistic antioxidant benefits with vitamins C or E.\* In addition, OPCs quench the free radicals involved in inflammation and allergies. They also enhance the effectiveness of the body's natural killer cells and boost the body's natural anti-cancer defenses.\*

## POTENT PROTECTION

The colorful pigments in plants protect them from free-radical damage, among other functions. Lower rates of autoimmune, heart, vascular as well as cancer are typically found in populations that consume higher levels of flavonoids and flavanols.\*

## QUERCETIN DIHYDRATE: VENERABLE HEALING

Quercetin dihydrate is a yellow-green flavonoid from the sacred Saphora Japonica tree that, in its soluble, monomeric, low molecular weight form, helps reduce allergic and inflammatory responses by promoting repair and stabilizing delicate cell membranes.\* Research confirms anti-viral and antioxidant benefits from the form uniquely used in **RELIEVE + REPAIR**.\*

## POMEGRANATE JUICE: SACRED HEALER

Pomegranate fruit (*Punica granatum*) possesses the following properties:

1. Phenomenal antioxidant and anti-inflammatory results,
2. Strong bacteriostatic effects,
3. Prostate health promotion,
4. Cancer risk reduction.\*

Pomegranate juice contains polyphenols, tannins and anthocyanins that have anti-atherosclerotic properties.\*

**RELIEVE + REPAIR** uses the purest pomegranate juice powder to ensure that these benefits are packed into the product.

### References

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4. Malik A, Mukhtar H. Prostate cancer prevention through pomegranate fruit. *Cell Cycle* 2006 Feb 15;5(4) [Epub ahead of print].
5. Melendez PA, Capriles VA. Antibacterial properties of tropical plants from Puerto Rico. *Phytomedicine* 2006 Mar;13(4):272- 276. Epub 2005 Sep 19.
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8. Ou, B; Hampsch-Woodill, M; Prior, RL; Development and Validation of an Improved Oxygen radical Absorbance Capacity Assay using Fluorescein as the Fluorescent probe. *J Agric Food Chem*; 2001; 49(10); 4619- 26.
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## ONE RELIEVE + REPAIR TABSULE PROVIDES

### ENERGIZED NUTRIENTS

Quercetin dihydrate (water-soluble bioflavonoid).....	1,000 mg.
Pomegranate juice powder (high ORAC).....	60 mg.
OPC (soluble LMW ActiVin® 1294™).....	10 mg.
Magnesium (as C16 and C18 alkyls <sup>1</sup> ).....	35 mg.
Vegetable fiber (organic croscarmellose).....	10 mg.
Chlorophyll.....	100 mcg.
Turmeric.....	4 mcg.

<sup>1</sup>from whole, untreated palm fruit and leaf

Other Ingredients: None

#### WARNING

Pregnant and nursing mothers need to check with their health professional before taking supplements.

#### TYPICAL DOSAGE

Health maintenance: 1 tabsule daily  
Acute inflammation: 2-4 tabsules daily  
Chronic or persisting inflammation: 4-6 tabsules daily  
Available in bottles of 90 and 180 tabsules.



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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.