



ENERGIZED MULTI +

ENERGIZED VITAMIN/MINERAL TRANSPORTER*

40 ESSENTIAL NUTRIENTS
PROTECT BODY, BRAIN, + HEART



ENERGIZED MULTI + easy-to-swallow tabsules provide an advanced, 100% active ingredient formula proven in placebo-controlled studies.

ENERGIZED MULTI + is formulated using a synergistic combination of vitamins, fully ionized elemental minerals, and active cofactors that enhance uptake. Each of the 40 nutrients packed into this powerful and compact super multi is provided in the optimal and the most functional amounts, using only those mixed nutrient forms found in nature and proven through research to be safe and effective.

ADVANCED FORMULA

Vitamins

- Vitamin A
- Vitamins B1, B2, B3, B5 & B6
- Vitamin B12 in the biologically preferred hydroxocobalamin form
- Natural folates
- Para-aminobenzoic acid
- Biotin
- Vitamin C in the form of 100% L-ascorbate that's fully reduced and corn free
- Vitamin D3 in the preferred cholecalciferol form
- Vitamins E from mixed, natural tocopherols
- Vitamin K1

Fully Ionized Elemental Minerals

- Potassium in the citrate form
- Calcium in the form of ascorbate, pantothenate, citrate, fumarate, malate, and succinate
- Magnesium in the form of citrate, fumarate, malate, succinate, aspartate, and C16 and C18 alkyls
- Zinc in the form of picolinate
- Boron in the form of ascorbate
- Chromium in the form of picolinate
- Manganese in the form of ascorbate
- Molybdenum in the form of ascorbate
- Selenium in the form of L-selenomethionine
- Vanadium in the form of citrate

Active Cofactors

- Quercetin dihydrate
- L-aspartic acid
- Trimethylglycine
- Tocotrienols including hexacosanol, tricontanol, and octacosanol
- Krebs' salts for energy
- Vegetable fiber (croscarmellose)



KEY BENEFITS

- Improves nutrient deficits
- Supplements essential nutrients and minerals that aren't acquired through diet
- Supports and maintains overall good health
- Includes energizing co-factors and transporters that ensure nutrient uptake by the body
- Half strength allows more dosing flexibility

NOVEL DELIVERY SYSTEM: TABSULE (TABLET + CAPSULE)

- Proprietary and revolutionary delivery method
- Combines all the advantages and efficacy of a capsule with the convenience and enhanced shelf life of a tablet
- Guarantees 100% bioavailability as proven through a double blind, placebo-controlled clinical trial

REFERENCES

1. Singh A, Moses FM, Deuster PA: Vitamin and mineral status in physically active men: Effects of a high-potency supplement. *Am J Clin Nutr* 1992; 55(1): 1-7.
2. Stephen AI, Avenell AA systematic review of multivitamin and multiminerall supplementation for infection. *Hum Nutr Diet* 2006 Jun;19(3):179-90.
3. Traynor NJ, McKenzie RC, Beckett GJ, Gibbs NK Selenomethionine inhibits ultraviolet radiation-induced p53 transactivation. *Photodermatol Photoimmunol Photomed* 2006 Dec;22(6):297-303.
4. Venkateswaran V, Flesher NE, Klotz LH. Modulation of cell proliferation and cell cycle regulators by vitamin E in human prostate carcinoma cell lines. *J Urol* 2002 Oct;168(4 Pt 1):1578-82.

TWO ENERGIZED MULTI + TABSULES PROVIDE

ENERGIZED NUTRIENTS

Vitamins:

Vitamin A (beta-carotene).....	1,500 mcg
Vitamin B-1 (thiamine HCl).....	50 mg.
Vitamin B-2 (riboflavin 22.5 mg: riboflavin 5'-phosphate, 5 mg).....	27.5 mg.
Vitamin B-3 (niacin 12.5 mg; niacinamide 37.5 mg).....	50 mg.
Vitamin B-5 (calcium d-pantothenate).....	50 mg.
Vitamin B-6 (pyridoxine HCl, 80 mg; pyridoxal 5'-phosphate, 20 mg).....	100 mg.
Vitamin B-12 (hydroxocobalamin).....	100 mcg.
Folate (calcium folinate 100 mcg, (6S)-5-Methyl-tetrahydrofolate (as Quatrefolic™) 100 mcg.).....	200 mcg.
PABA (para-aminobenzoic acid).....	15 mg.
Biotin (pure crystalline).....	250 mcg.
Vitamin C (100% L-ascorbate, fully reduced).....	75 mg.
Vitamin D3 (cholecalciferol).....	5 mcg.
Vitamins E (from mixed natural tocopherols)** ..	67 mcg.
Vitamin K-1 (phyloquinone).....	250 mcg.

Elemental Minerals:

Potassium (as citrate).....	49.5 mg.
Calcium (as ascorbate, pantothenate, citrate, fumarate, malate and succinate).....	25 mg.
Magnesium (as ascorbate, citrate, fumarate, malate, succinate, aspartate and C16 and C18 alkyls)†	50 mg.
Zinc (as picolinate).....	12.5 mg.
Chromium (as picolinate).....	100 mcg.
Manganese (as ascorbate).....	7.5 mg.
Molybdenum (as ascorbate).....	50 mcg.
Selenium (as L-selenomethionine).....	25 mcg.
Vanadium (as ascorbate).....	50 mcg.
Boron (as ascorbate).....	1 mg.

Active Cofactors:

Quercetin dihydrate (water-soluble bioflavonoid).....	50 mg.
L-aspartic acid (magnesium aspartate).....	25 mg.
Trimethylglycine (betaine HCl).....	25 mg.
Triacontanol (policosanol).....	73.6 mcg.
Hexacosanol (policosanol).....	36.8 mcg.
Octacosanol (policosanol).....	455.7 mcg.
Citrate.....	29.5 mg.
Fumarate.....	29.5 mg.
Malate.....	29.5 mg.
Succinate.....	29.5 mg.
Vegetable fiber.....	340 mg.
Croscarmellose.....	88 mg.
Natural Vanilla.....	60 mg.
Organic Sunflower Oil.....	10 mg.

**Vitamins E is stated to reinforce the fact that the alpha, beta, gamma, and delta forms of natural tocopherols are used.

† From whole, untreated palm fruit and leaf.

OTHER INGREDIENTS: NONE

WARNING

Pregnant and nursing mothers need to check with their health professional before taking supplements.

Available in bottles of 60 and 180

Typical Dosage

As a dietary supplement, take 2 tabsules with meals or as directed by your healthcare professional.

Alternative daily dosing:

Low stress, healthy:

2-4 tabs/day

Moderate Stress, unwell:

6-8 tabsules/day

High stress, training:

10-12 tabsules/day



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.