



Mia's Bloom Box Charities, Our Year In Community Impact

The empowered person creates a better life for themselves, lifts others up, and works to protect our future. It is important to all of us here at Mia's Botanicals, to make an impact on the community that we are so lucky to be a part of.

From supporting the dignity of others through donations of wonderful aromatherapy personal care products to collaborations that foster financial support, this is our year in community impact.

Through 2019, we supported five groups here in New Mexico – contributing more than \$1,000.00 in goods, time, and funding.

Barrett Foundation

“The Barrett House provides shelter and supportive services to women and children experiencing homelessness. The Barrett House shelter serves approximately 300 women and children each year; provides 34,000 meals, more than 11,000 bed nights and over 1,000 hours of case management focused on helping women and families find stable housing.”



Mia's Botanicals provided over 100 aromatherapy personal care products for residents of the shelter, not only to support their personal hygiene needs – but also support body, mind and spirit with supportive aromatherapy. Pictured here (right to left): Eilene Vaughn-Pickrell, Community Engagement Specialist and Karin Frost-Madrid Certified Aromatherapist and Owner of Mia's Botanicals.

4th Annual Beard and Moustache Challenge

In collaboration with the Duke City Bristlers and Bearded Villains of New Mexico, Mia's Botanicals was a sponsor of this event. We offered Bodacious Beard, Primo Mustache and Facial product sets as prizes for winners valued at over \$140.00.



To learn more about the Barrett Foundation, see their website:

[Barrett Foundation](https://www.barrettfoundation.org/)

Esperanza Shelter

Esperanza Shelter is a domestic abuse agency. They offer safe, confidential housing, counseling, food, clothing and supplies. They also help get women and children to their shelter if needed. Esperanza also helps abuse survivors work within the court system.



Mia's Botanicals provided almost 100 aromatherapy personal care products for residents of the shelter, not only to support their personal hygiene needs – but also support body, mind and spirit with supportive aromatherapy. They were delivered in time for Mother's Day and Christmas.

To learn more about the Esperanza Shelter, see their website: [Esperanza Shelter](#)

Special Olympics New Mexico

“Special Olympics New Mexico [SONM] provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.”

In collaboration with the Duke City Bristlers and Bearded Villains of New Mexico, Mia's Botanicals, volunteered time and resources, financial support and sponsored a month on their SONM calendar. All proceeds from the calendar will be donated directly to SONM. Pictured here (left to right): Bryan Landry-Member Bearded Villains of NM, Karin Frost-Madrid - Certified Aromatherapist and Owner of Mia's Botanicals and Greg Smith - Owner of Greg Smith Photography.



To learn more about Special Olympics New Mexico, see their website: <https://sonm.org/>

Local Area High Schools



We are proud to continue our support to local area high schools. For 2019, we donated over 20 hours of our time and \$300 in support of support athletics and music programs in the Albuquerque area.

(Photo courtesy of Mariusz Prusaczyk from Pexels)

We look forward to a new year of community involvement in 2020 with a little help from mother nature, of course!

Nature's therapy formulated just for You.