

LAYERED VEGAN BIRYANI WITH TOFU AND RAISINS

FAST. EASY. FRESH.

Start by preheating your oven to 400°F. Then, combine your **basmati rice**, 1 ½ cups of water, and a pinch of **salt** in a small pot. Bring to a boil, then cover, reduce heat to low, and simmer for 12-15 minutes, or until the water has been absorbed. Set aside.

2. Meanwhile, prep your ingredients. Peel the **carrot** and then thinly slice into half-moons, peel and mince the **garlic**, peel and finely dice the **onion**, de-seed and dice the **green pepper**, and dice the **Roma tomatoes**. Cut the **tofu** into 1/4 inch cubes. **3.** In a large pan, heat the **vegetable oil** over medium heat. Add the onion and cook for 3-4 minutes or until just starting to brown. Then, add the **carrots** and **green pepper** and cook for 4 more minutes. Add the **garlic** and **ginger** and cook for a further minute.

4. Next, add the tomatoes, Biryani Spice Mix (coriander, cumin, cinnamon, garam masala, turmeric, and cardamom), and season well with salt. Cook stirring frequently for 3 minutes, then remove from the heat and stir in the raisins and tofu (use ¾ of it or up to the whole block depending on preference).

Ingredients (2 Person Serving – 582 Calories Per Serving)

¾ Cup
1 Tbsp.
1 Small
4 Cloves
30 g
2
1
1
½ tsp.

Cumin $\frac{1}{2}$ tsp. Cinnamon ¼ tsp. Garam Masala 1 tsp. Turmeric $\frac{1}{4}$ tsp. Cardamom $\frac{1}{4}$ tsp. Extra-Firm Tofu 350 g ¼ Cup Raisins Salt To Taste

5. Next, place half the rice in the bottom of a small baking dish. Then, layer in half the tofu mixture, the rest of the rice, and finally the remaining tofu mixture. *Alternatively, feel free to skip this step entirely, and just mix everything togetherit will still taste great! Transfer to the oven and bake, uncovered, for 15 minutes.

6. To serve, spoon the rice and tofu mixture into dishes and enjoy!



