

## TOASTED CAPRESE SANDWICHES WITH MEDITERRANEAN GREEN BEANS

FAST. EASY. FRESH.

- Start by putting a medium-sized pot of water on to boil and preheat your oven to 450°F. Slice the **grape tomatoes** in half. Slice the top off of the bulb of **garlic** and brush the exposed cloves with a bit of **olive oil**.
- 3. Meanwhile, place the green beans in the boiling water and cook for 2-3 minutes, or until tender. Drain and set aside. Slice the mozzarella and tomato into ¼-inch slices
- 5. Place your bun halves into the oven for the last 7 minutes that the garlic is roasting to melt the cheese and so that everything gets nice and toasty!

- 2. Place the grape tomatoes onto a tinfoil-lined baking sheet. Wrap your garlic separately in tinfoil, and then place onto the sheet as well. Roast in the preheated oven for 10 minutes. Remove the tomatoes, and then return the garlic to the oven for 10 minutes longer.
- 4. Prepare your sandwiches by slicing the buns in half, spreading the pesto evenly between all 4 halves, and then layering evenly with slices of mozzarella and tomato. Sprinkle with salt and pepper to taste.

**6.** To serve, combine your green beans, grape tomatoes, 2 tsp. olive oil, dried basil, ½ bulb of garlic (squeeze the cloves out of the casing), and olives in a bowl and toss to combine. Take your sandwiches out of the oven and top each with arugula and a drizzle of the balsamic reduction. Serve with the green beans and enjoy!



## Ingredients (2 Person Serving – 695 Calories Per Serving)

Golden Potato Buns	2
Pesto	2 Tbsp.
Mozzarella	150 g
Tomato	1
Arugula	28 g
Balsamic Reduction	4 tsp.
Green Beans	225 g

Grape Tomatoes

Garlic

Sliced Black Olives

Dried Basil

Olive Oil

Salt and Pepper

15

1 bulb

2 Tbsp.

1/4 tsp.

3 tsp.

To Taste

Minute Cook
Time!