

# COVET DANCE

## the complete summer intensive check list



A complete list of everything you'll need to pack for your time away from home

### 1. BEDROOM

- Sheets
- Extra blanket
- Soft bedding (egg carton bedding)
- Pillows
- Batteries AA and others
- Mirror
- Pictures, posters, and things from home
- Decorations (crepe paper)
- Purses / Wallets
- Travel bag for trips
- Yoga mat
- Candles
- Nightlight

### 2. KITCHEN

- Paper towels
- Dish soap
- Plastic spoons / forks
- Paper plates / cups
- Lunchbox
- Power Bars
- Microwaveable meals and snacks

### 3. LAUNDRY

- Laundry basket
- Bleach
- Laundry soap
- Dryer sheets
- Shout/Tide Stick

### 4. CLOTHING FOR DANCE

- Leotards
- Tights
- Jazz pants
- Shorts
- Dance/Jazz tees and tanks
- Alignment belts
- Ballet skirts
- Warm-ups (legwarmers etc.)

### 5. DANCE SUPPLIES

- Dance bag
- Pointe shoe bag
- Enough pointe shoes/elastics/ribbon
- Lambs wool
- Toe tape
- Toe spacers
- Toe pads
- Sewing kit
- Water bottles
- All other dance shoes
- Fan for character

### 6. HAIR SUPPLIES

- Hair supply container
- Bobby pins
- Hairnets
- Hair clips
- Hair ties /scrunchies
- Hair decor (flowers, bows, etc)
- Hairspray/gel
- Water spritzer

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### 7. CLOTHING – EVERYDAY

- Pajamas
- Undergarments
- Jeans
- Pants
- Shorts
- Shirts
- Tank tops
- Sweaters /Jackets
- Bathing suit(s)
- Hat
- One or two dresses (just in case)
- Nice shoes or sandals
- Socks
- Sneakers
- Flip flops
- Hangers

### 8. FIRST AID

- Neosporin
- Band aids
- Ace bandage
- Icy Hot
- Rubbing alcohol
- Medicines (Tylenol, Advil, etc.)

### 9. BATH

- Shower Caddy
- Toothbrush
- Toothpaste
- Hand Soap
- Body soap
- Face wash
- Shampoo/conditioner
- Towels
- Tissues
- Toilet paper
- Deodorant
- Brush
- Comb
- Body lotion
- Razors
- Shaving cream
- Body Spray
- Blow Dryer
- Straightener/Curling iron
- Bath squeegee
- Floss
- Mouthwash
- Vitamins
- Bath rug
- Toothbrush/toothpaste holder
- Manicure/Pedicure equipment
- Make-up (regular and stage)
- Eyelashes
- Lysol spray
- Retainers
- Shower shoes

### 10. OTHER MISC.

#### IMPORTANT STUFF

- Phone
- Phone Charger
- Portable speaker
- Cameras
- Umbrella
- Journal
- Books
- Playing cards
- Beach towel
- Sunscreen
- Sunglasses
- Pens /Pencils
- Markers
- Tape
- Scissors
- Sticky tac
- Paper
- Glue
- MONEY