

the best recital check list EVER!

A complete list of everything you'll need for stress-free dress rehearsals and performances

1. COSTUMES and related items

- All costumes
- Head/Arm/Leg/Body pieces separated by costume and placed in baggies. Write name of routine on baggie and attach it to the hangar with the costume.
- Spare pair of tights in appropriate color for each costume (Can also be placed in the accessory baggie)
- Extra underwear (for after the show)
- Jewelry (think about each costume)
- Any individual props you are responsible for
- Mini sewing kit
- Thread that matches all costumes
- Safety pins (large, medium, and small)
- Static guard
- Lint brush
- Hot-glue or superglue
- Double sided tape
- Body adhesive
- Spare clear and tan bra straps
- Tide "to go" stick
- Shoe polish in the color of your shoes (tan, black, etc)
- A little extra rosin (if theater will allow – BUT do not use on marley floors!)

2. HAIR PRODUCTS

- Spray bottle (pack it empty so it doesn't spill)
- Hair gel
- Hairspray
- Hairnets
- Hair pins/Bobby pins
- Comb/brush
- Hair dryer/curling iron, etc (if necessary)
- Any required hair pieces/hair jewelry/hair glitter

3. MAKE UP

- Foundation & any application tools (sponge, foundation brush, etc)
- Loose powder
- Eye shadows
- Blush
- Water-resistant mascara
- Eye liner
- 2 pairs of false lashes
- Eyelash glue
- Lip pencil
- Lipstick
- Makeup brushes
- Tweezers
- Q-Tips and cotton balls
- Any glitter or shimmer items as determined by teacher/studio owner

4. FIRST AID

- Children's and Adult Pain Reliever
- Antacid
- Dramamine
- Wet Wipes
- Band-aids
- Neosporin
- Icy Hot or other muscle relieving rub or patches
- Instant ice packs
- Ace bandage

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5. MISCELLANEOUS

- Money for program and parking
- Money for photos, videos and souvenirs
- Nailpolish remover
- Nail Clippers
- Nail File/Emery Board
- Scissors
- CLEAR deodorant
- Pens and sharpies
- Highlighter for marking program
- Notepad-you just never know what you'll want to jot down
- Pillow
- Blanket
- Towel
- Cover Up
- Slipper/slipper socks/flip flops
- Pop up laundry basket or plastic tub to put already worn costumes in so pieces don't get lost
- Warm-ups/Studio sweatshirt or t-shirt
- Extra underwear
- Something to read like books and magazines!
- Camera (charger and extra memory card)
- Fresh batteries
- Crayons and pencils
- Screwdriver (for taps)
- Extra tissues to use for toilet paper in case venue runs out
- Extra Sanitary supplies (just in case)

6. FOOD AND DRINK

- Cooler to keep food fresh
- Bottled water
- Juice Boxes – try 100% juice
- Granola/power bars
- Fruit – bananas, grapes, apples, etc
- Veggies – try celery & peanut butter
- Mozzarella cheese sticks
- Trail mix
- Nuts – Almonds are a very healthy choice
- Raisins
- Gatorade or other sports drink
- Goldfish or other crackers

7. AND LAST, BUT NOT LEAST

Dancer Problems Kit

The pouch is filled with clever solutions for everyday emergencies dancers face during practice and performance. Find the fix quickly and dance forward with confidence and grace...- Covet Dance has got your back!

