

DANCE PHOTO SHOOT

CHECKLIST

BEFORE SHOOT

TO DO

- Research Poses
- Practice Poses
- Pack Items
- Pamper yourself (facemask, paint nails)
- Optional: Color pointe shoe ribbons nude
- Hydrate
- Get a good nights sleep
- _____

TO PACK

- Makeup (for touch ups)
- Snacks
- Water Bottles
- Extra Outfits
- Changing Cape/Tent
- Baby Wipes
- Extra items for hair
- Fun Props
- Accessories (shoes, hats, jackets, jewelry)
- _____

DAY OF SHOOT

TO DO

- Eat light
- Warm up & stretch
- Hair
- Makeup
- Listen to fun songs!
- Double check packed items
- _____

REMINDERS

- Watch face while posing
- Try a variety of poses & facial expressions
- Find uncommon spots for pictures
- Check your technique (turnout & pointed toes)
- Don't cover dancewear (if modeling)
- Have fun and be yourself!