EMF / RF MEASUREMENT, MITIGATION AND GROUNDING SPECIALISTS

2Ground

Operating Instructions for the Gen3 Adjustable Frequency and Pulse Controller

Congratulations on receiving your new **Gen3 Adjustable Frequency and Pulse Controller**!
Your System has been pre-programmed for 1 second ON, 1 second OFF operation.
Should you decide to change these values, please follow the instructions below carefully.

When looking at the **Controller**, note the 3 buttons on the left side.
There is an up arrow, a SET button and a down arrow.
On the bottom right side is a POWER (or RESET) button.
On the top right side is a RED LED light labeled OUT that comes ON when the current is flowing through the coil.
See Fig.1 below.

Fig.1

To adjust the ON-OFF times while the Timers are running:
1) Lightly press the SET button, the RED LED flashes. Adjust the ON time up or down with the arrow buttons. It is in 1/10 seconds mode
2) Lightly press the SET button again, the GREEN LED flashes. Adjust the OFF time up or down with the arrow buttons. It is in 1/10 seconds mode
3) After 5 seconds or so, it will start running, infinite loop, with the times you have set.

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To confirm that the Controller is in the correct Program:

Ideally, you should never have to perform this sequence of button presses, but just in case it gets out of sequence, follow the steps below.

1) Firmly press and HOLD the SET button until the top RED LED reads P0, then let go of the SET button
2) Arrow up or down until the bottom GREEN LED reads 0
3) Lightly press the SET button , just long enough so the top RED LED reads P1
4) Arrow up or down until the bottom GREEN LED reads 5
5) after 5 seconds or so, it will start running, loop, with the times you have set.

Essentially, you want P0 = 0 and P1 = 5 for 1/10 seconds timing, infinite loop mode
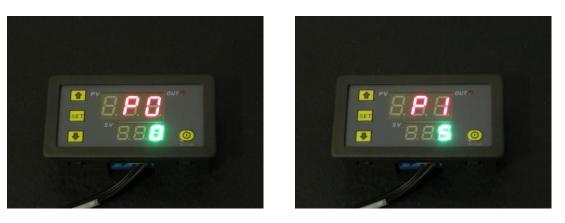See Fig.2 and Fig.3 below.

Fig.2

Fig.3

The timer values are retained even when powered OFF.

It is recommended to use the Setup for 15 - 30 minutes maximum per session, a few times per week.
Experiment with times between 0.1 to 5 seconds ON and 0.1 to 20 seconds OFF, for starters.

If you wish, view the YouTube video at the link below for a simple explanation as well:
https://www.youtube.com/watch?v=3oXBG6Le64Q

Thank you from all of us at https://2ground.com/