

PD-Belt™

By Frank Stubbs Co., Inc.



For An Active Lifestyle

Our PD-Belt™ has been the choice of thousands of PD patients over the past 25 years. It is made of custom knitted Latex-free elastic with a soft plush inside for maximum patient comfort. The specially designed Velcro® type tabs safely secure the connector when placed into the protective pocket until the next PD treatment. It is available in 5 convenient sizes in a single or three belt pack and fits both right and left exit sites. Proudly made in the USA by Frank Stubbs, Co., Inc.

Our PD-Belt is designed to be comfortably worn at all times for all activities, day and night, while exercising, working, resting, sleeping, eating, showering, and especially when you are doing your PD exchanges.

Features

- Designed to allow you to safely perform CAPD and CCPD exchanges
- Comfortable so that it can be worn at all times to keep your exit site stabilized and transfer connector secure in between exchanges
- Constructed of a Latex-free custom knitted elastic which is comfortable and hypoallergenic
- Lessens the chance of peritonitis or chronic exit site irritations

Comfort and Adjustments Throughout the Day

The PD-Belt can be easily tightened or loosened for maximum comfort as you bloat or shrink during the day or night either from the dialysis process or from meals.

Small changes in girth are accommodated by the give of the belt's elastic component. More expansive adjustments can be accommodated by releasing a velcro closure and repositioning to the proper size.

See reverse side for ordering, sizing, application, and cleaning instructions.

Medicare Reimbursement
Due to the changes in Medicare the PD-Belt is no longer reimbursed.



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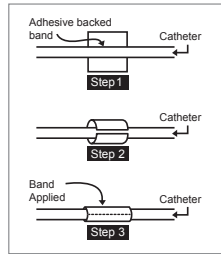
PD-Belt Ordering, Sizing, Application, and Cleaning Instructions

Determining Size for Ordering

The PD-Belt comes in 5 convenient sizes. For sizing, measure around abdomen a few inches above the exit site: X-Small (16"-24"), Small (23"-36"), Medium (30"-44"), Large (36"-48"), X-Large (46"-58")

Ordering

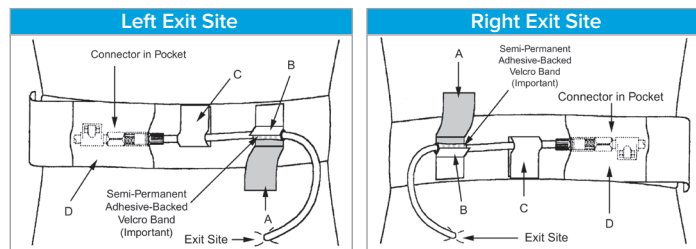
The PD-Belt is available in a single belt package, or in a package of three belts. A three-belt package will last approximately four months with continual wear and normal intervals of laundering. A three-belt package also allows you to have a clean, dry belt on hand when laundering your used belt. You may order from us on our website www.fstubbs.com or call toll free (800) 223-1713.



How to Apply the Adhesive Band

The proper location is found by creating a soft loop with the catheter as it exits the abdomen. Attach to belt with the Velcro tabs. Place the connector securely into the pocket. Re-adjust for maximum comfort and when you are satisfied, release the outer Velcro flap Tab "A" (the one farthest from the pocket), and glue the tacky back surface of the small

piece of Velcro, included with these instructions, exactly where the tube intersects Tab "A." Make sure the tube is clean and dry for better adhesion. Each Velcro band should last more than a month even with showering daily, provided it has a chance to "cure" for several hours before getting wet again.



Application: To Secure the Catheter

1. Place the belt around your waist and position it so that the outer Velcro Tab "A" is positioned above your exit site. For a left exit site, tab will open downward; a right exit site will open upward.
2. Make a short soft loop of the catheter tube upward toward the belt and place it parallel with the belt across the Velcro fastener "A" and under tab "B". Fold tab "B" up over tube while folding tab "A" on top of tab "B" and catheter with your thumb and index fingers. This will hold the tube firmly to the belt at that point. Make sure the Velcro fits snugly around the tube.
3. Continue to run the tube across Velcro fastener "C," but don't secure it yet. With tab "C" in the open position, place the connector end of your catheter inside the elastic pocket "D." Finish fastening your tube to the belt by closing Velcro tab "C" over the tube as you did with tabs "A" and "B." The catheter is now secured with the connector in the pocket and the two tabs are closed.
4. To increase stabilization of the catheter at the exit site, you should apply the self-adhesive band which came with the product. After you have placed the connector in pocket "C," apply the semi-permanent, self-adhesive band around the catheter where it intercepts tab "A."



For sizing, measure around abdomen a few inches above the exit site.

Do The Exchange:

To perform your exchange, loosen your clothing, double check that your tube is secure at tab "A" by solidly pinching it (if you use the Velcro band around the catheter this is unnecessary), unfasten tab "C," then slide the connector out of pocket "D." You can now do the exchange as instructed. You will, of course, want to protect yourself by being very careful while you handle your bags on your I/V pole. Even the PD-BELT™ won't totally protect your exit site if you drop the full bag of fluid suddenly. Use both hands to hang your bags and let your PD-BELT™ hold your tube in position. When the exchange is done simply replace the connector in the belt pocket "D," re-secure the middle tab "C" over the tube, adjust the belt size if necessary, then refasten your clothing and resume your normal activities.

Changing To A Dry Belt:

After you have showered with your wet belt on, dry off and fasten a fresh, dry belt approximately 1" above the one you are wearing. On the wet belt, unfasten tab "C," remove the connector from the pocket "D" and place it into the pocket "D" of the dry belt. Fasten tab "C." Now unfasten tab "A" on the wet belt and remove the catheter (with the self-adhesive Velcro band attached). Pinch the Velcro band around the catheter to confirm that the adhesive is holding. The catheter will now swing away from the wet belt. Unfasten the wet belt and carefully remove it by sliding it away from under the catheter loop. Fasten the catheter to the dry belt at tab "A," close tab "A" and adjust the belt to the proper height.

Suggested Adjustments And Medication:

As you bloat or shrink during the day or night either from the dialysis process or from meals, just tighten or loosen your belt for maximum comfort. Small changes in girth will be accommodated by the give of the elastic. More expansive adjustments will require releasing the Velcro closure and repositioning to the proper size. You can medicate your exit site while wearing your PD-Belt. Simply secure your tube to the belt as you normally would. Apply whichever ointment, cream or liquid your doctor have prescribed and place a folded 2" by 2" strip of gauze under the tube at the exit site for cushioning and another strip of gauze, the same size, over the top and securing it with paper tape. The paper tape will hold without curling if it is positioned vertically (up and down) and place under the PD-Belt.

IMPORTANT: Try to wear the lowest cut underwear and loose clothing to prevent rubbing at the exit site.

Cleaning Instructions

To clean the belt, we recommend hand washing the belts with a mild liquid detergent and cold water. Rinse thoroughly and air dry only. For extremely soiled belts, one can put a little hydrogen peroxide into the wash water, the peroxide will act as a natural bleaching agent. DO NOT put in a washing machine or dryer.

