|   | XS        | S         | М         | L         | XL        |
|---|-----------|-----------|-----------|-----------|-----------|
| UK size   | 4/6       | 8 / 10    | 12 / 14   | 16 / 18   | 20 / 22   |
| Inches  |           |           |           |           |           |
| Bust  | 28 / 30   | 32 / 34   | 36 / 38   | 40 / 42   | 44 / 46   |
| Waist   | 21 / 23   | 25 / 27   | 29 / 31   | 33 / 35   | 37/39     |
| Hips  | 31 / 33   | 35 / 37   | 39 / 41   | 43 / 45   | 47 / 49   |
| Centimetres                                       |           |           |           |           |           |
| Bust  | 71 / 76   | 81/86     | 91/96     | 101 / 106 | 111 / 116 |
| Waist   | 54/59     | 64/69     | 74 / 79   | 84/89     | 94/99     |
| Hips  | 79 / 84   | 89 / 94   | 99 / 104  | 109 / 114 | 119 / 124 |
| Size conversion                                   |           |           |           |           |           |
| US  | 0/2       | 4/6       | 8 / 10    | 12 / 14   | 16 / 18   |
| Italy   | 36 / 38   | 40 / 42   | 44 / 46   | 48 / 50   | 52/54     |
| France / Spai                                     | n 32/34   | 36 / 38   | 40 / 42   | 44 / 46   | 48 / 50   |
| Germany   | 30 / 32   | 34 / 36   | 38 / 40   | 42 / 44   | 46 / 48   |
| Australia   | 4/6       | 8 / 10    | 12 / 14   | 16 / 18   | 20 / 22   |
| Length inches/cm (SN = side neck, UA = under arm) |           |           |           |           |           |
| SN to hem   | 401/2/104 | 41/105    | 411/2/106 | 42/107    | 421/2/108 |
| Overarm SN t                                      |           |           |           |           |           |
| turned cuff                                       | 231/2/60  | 24/61     | 241/2/62  | 25/63     | 401/2/64  |
| Bust at UA  |           |           |           |           |           |
| (pleats relaxed                                   |           | 391/2/100 | 431/2/110 |           |           |
| Cuff circ.  | 12/30     | 13/33     | 14/36     | 15/39     | 16/42     |
| Hem circ.   | 34/86     | 38/96     | 42/106    | 46/116    | 50/126    |
| Fabric required yards/metres                      |           |           |           |           |           |
| 45" 120 wide                                      | ,         |           | 23/4/2.40 |           | ,         |
| 60" 150 wide                                      | 21/4/2.00 | 21/4/2.00 | 21/4/2.00 | 21/2/2.30 | 21/2/2.30 |

Also required Matching sewing thread.

Suggested fabrics Designed for most light to medium weight woven fabrics: cotton shirting, chambrays, lightweight linen, Broderie Anglaise through to lightweight wool/viscose mixes and babycord. Cover image Polly wears The V-neck Shift Dress in cotton shirting.