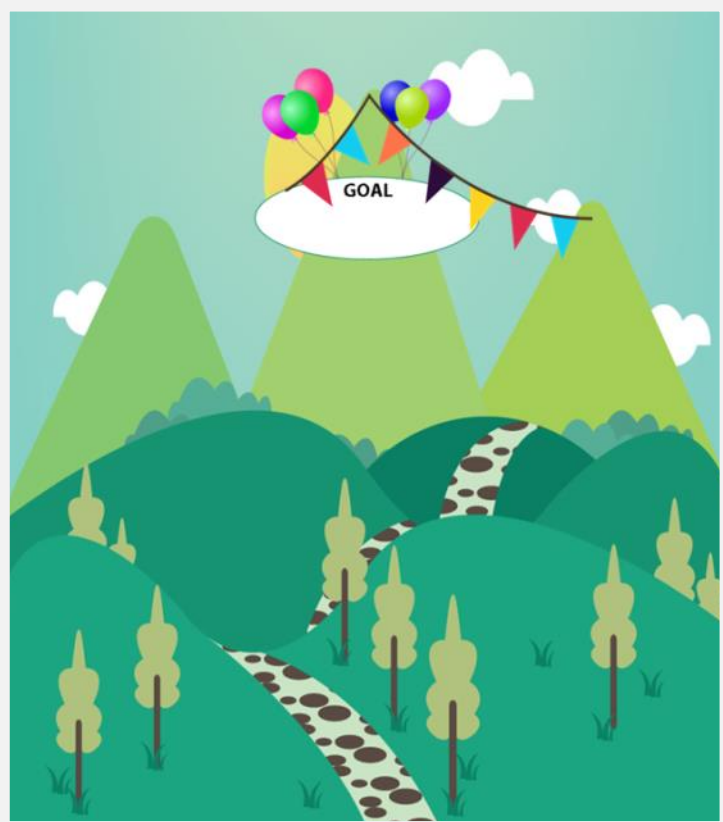


PAWSABILITIES



A STEP-BY-STEP METHOD FOR ACHIEVING YOUR GOALS



Setting goals and identifying a path to reach them are two very different things. Fortunately, it's easy to learn how to get from the starting line to your goal. This program teaches students how to develop a plan for reaching their goals. It begins with the components of a goal and then walks the students through the process of mapping out a plan for reaching that goal. By labeling and discussing the good, the bad and everything in between, students learn to see the whole process and take on the challenges with the same positivity with which they greet the windfalls.

Key Takeaways:

- Foundations & Goals
- Identifying Obstacles
- Barriers to Getting Started
- Alternative Plans
- First Steps
- Asking for Help
- Who's On Your Team?
- What's in a Goal?