

Developing A Pawsitive Personality



Understanding The big 5 Personality Traits

Keeping an open mind. 🐾 Displaying empathy and compassion. 🐾 Accepting and embracing differences.

These are all wonderful concepts that seem easy to understand, but can be difficult to grasp and implement when faced with the struggles of daily life. Teaching these skills to and nurturing these qualities in children at a young age, can dramatically improve their ability to engage positively with peers, as well as adults. It can also help them develop their leadership skills so they can head out into the world prepared to make a positive impact.

Key Takeaways:

- Understanding Personality
- Developing Coping Skills
- How the Big 5 Can Encourage Empathy & Compassion
- Putting the Big 5 to Work Every Day

This program can be adapted for both elementary and middle school aged students.