

Healing Honey Tea



Drizzle's got your back. This tea works wonders for colds and flus, and supports your immune system as it fights off infection. Together, raw honey, lemon, and ginger make a gentle, healing tea that clears you up, calms you down, and helps you kick that cold to the curb for good.

10 mins

TOTAL TIME

5 mins

PREP

1 cup of tea

YIELD

Ingredients

1 tbsp Drizzle Ginger Shine Honey

$\frac{3}{4}$ inch unpeeled, organic ginger, grated

The juice of half a lemon

1 mugful of water

Directions

1. In a small pot, heat the water, ginger, and lemon together until steaming, about 3 to 4 minutes.
2. Pour through a fine mesh strainer into your mug, and then slowly stir in 1 tbsp of Drizzle Ginger Shine Honey (or two tbsp... or three... we won't judge!).
3. If you're feeling like you need an extra kick, a cheeky bit of whiskey takes this healing tea up a notch and warms you from the inside out.

Did you make this recipe?

Tag @drizzle_honey on Instagram and use the hashtag #howidrizzle