



Loose Parts for Play

Find these natural treasures outside!

- shells
- pine cones
- pebbles
- small twigs
- leaves
- dry flowers
- feathers
- conkers/ acorns
- seed pods

Find these in the recycling bin!

- egg cartons
- bottle caps
- plastic bottles
- cardboard tubes
- cardboard containers and lids

Find these around the house and at craft stores!

- buttons
- pipe cleaners

- small wooden blocks**
- wooden lolly sticks**
- cotton reels**
- felt balls**
- pom poms**
- curtain rings**
- fabric leaves and flowers**
- keys**
- fabric pieces in range of textures and sizes**
- paper cups**
- wooden blocks**
- glass gems**
- plain wooden craft peg people**

Brilliant containers to start collecting:

- egg cartons**
- serving platters**
- divided trays**
- compostable potting trays**
- chocolate boxes**
- puzzle and craft kit packaging**
- shallow sided dishes or trays**
- Kuggis containers with lids from Ikea**
- baskets**
- wooden bowls**

Utensils to facilitate play:

- Large tongs or training chopsticks
- scoops and spoons
- metal tea sets and cups
- colander
- old jugs

Storage:

Try storing the loose parts in glass jars or tupperware containers. Find a spare cupboard in the kitchen, utility room or garage if possible. Wherever they're stored, make sure they are easily accessible so you can grab them to set up an invitation to play at a moment's notice!

Happy play prep!

Can't wait for you to join me inside Play Lab! It's going to be so fun to grow in our playful parenting together.

Love Anna x

p.s. please share about Play Lab with your friends and invite them to join too! x