

THE STORY OF CAROLINA BITTERS

every bottle has a tale to tell

My four grandparents were tobacco farmers, at the mercy of the elements and a fluctuating tobacco market. They raised my parents with a strong work ethic and a heart for loving the land's bountiful harvests. My childhood is filled with fond memories and sweaty work in strawberry fields, driving tractors, pulling weeds, pressing cider, shucking corn, and preserving food.

Carolina Bitters honors the hardworking farmer of today and those who walked before us tending the land. The label features my mother Rose and Edna Love in the early 1950s planting tobacco with my grandfather Victor Walters on the tractor.

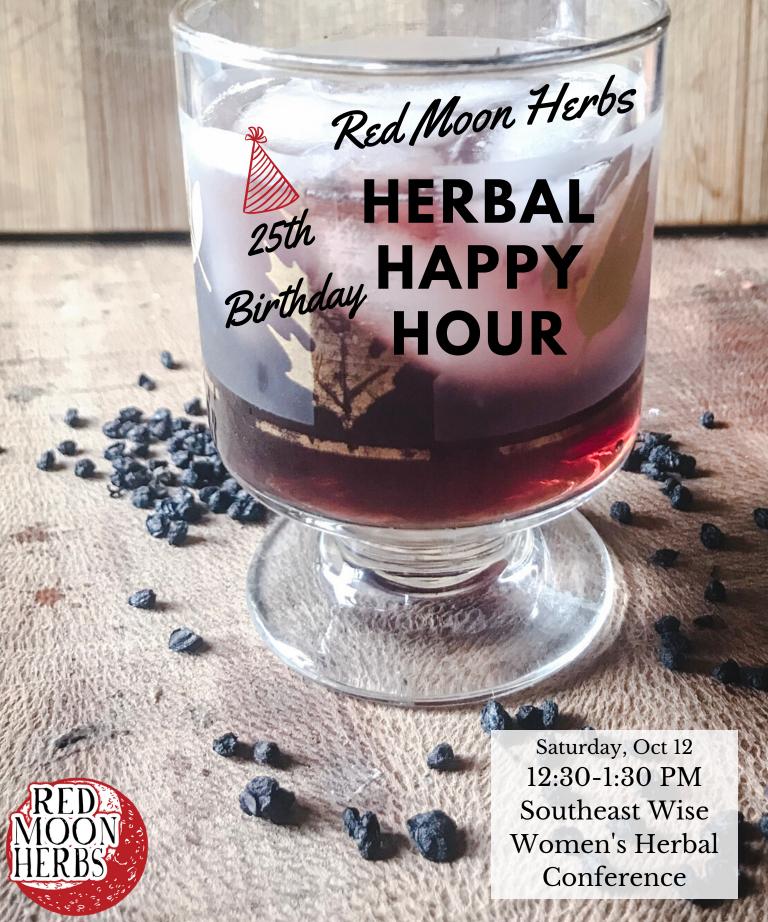
Our special blend of NC gentian, dandelion, reishi, artichoke, and rosehips is a formula representing the dedicated farmers who worked the land come rain or shine, heat or cold, sweet or bitter. May you make memories with your family and our Carolina Bitters and thank you for supporting farmers and wildcrafters across the Tarheel state.

- Feannie Red Moon Herbs Director



1/2 oz elderberry syrup (OR 1/4 oz Elderberry Elixir or Extract AND 1/4 oz simple syrup/agave) 1/2 oz elderflower liqueur 2 oz vodka 2 dropperfuls Carolina Bitters generous squeeze lemon juice

Combine the ingredients in a shaker filled with ice. Shake for 30 seconds and pour into a chilled martini glass. Garnish with lemon or lime.





2 oz red wine (try mulled wine for a little spice)
1/2 oz bourbon
1/2 oz simple syrup (or 1/4 oz agave)
fresh ginger and orange wedge
2 dropperfuls Carolina Bitters

Combine the ingredients in a shaker filled with ice. Shake for 30 seconds and pour into a chilled goblet. Rub ginger around the rim, squeeze orange into glass and garnish with peel.

BITTERS BENEFITS

- Traditional digestive tonic
- Cools, fortifies, and stimulates the digestive system, including proper nutrient absorption and elimination
 - Supports and balances appetite
 - Helps maintain low level sweet cravings

- Promotes healthy blood sugar levels
 - Nourishes and tonifies liver and gallbladder
 - Supports healthy bile production
- Optimizes
 digestion and
 supports GI health
 before and after
 meals

These statements have not been evaluated by the Food and Drug Administration.

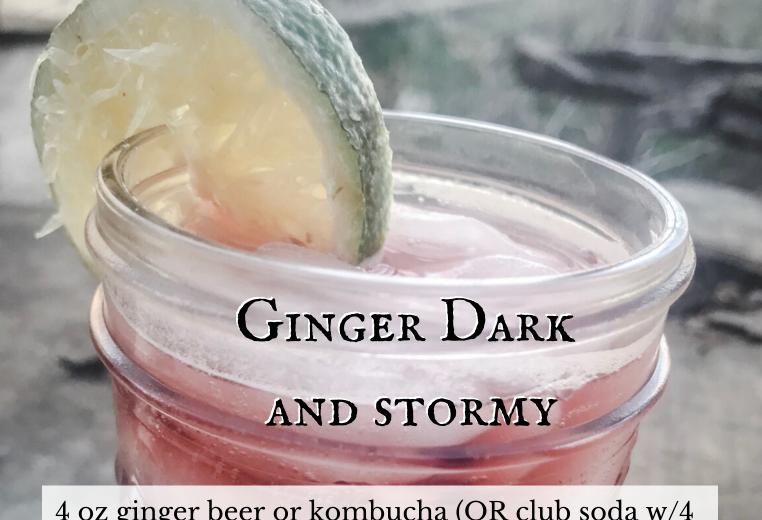
These products are not intended to diagnose, treat, cure, or prevent any disease.



To make rosemary syrup, add a few sprigs fresh rosemary, a few orange slices (w/peel), 2 tbsp sugar, and 1/4 c water to a pot and heat gently on low for about 3 minutes. Strain and cool.

2 oz whiskey
2 oz club soda
1 oz rosemary simple syrup
2 dropperfuls Carolina Bitters
lemon juice

Combine whiskey, syrup, and Bitters in a shaker filled with ice. Shake for 30 seconds and pour into a chilled glass. Top with club soda and lemon juice. Garnish with rosemary sprig.



4 oz ginger beer or kombucha (OR club soda w/4 dropperfuls Red Moon Herbs Ginger Extract and a splash of simple syrup/agave to taste) 2 oz dark rum 2 dropperfuls Carolina Bitters lime juice

Fill a cocktail glass with ice. Add Bitters, lime juice and ginger beer (or alternative). Slowly pour rum on to create a 'storm'. Stir to combine. Garnish with candied ginger.

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oosegrass. Barweed. Hedgeheriff. Ayriffe. Eriod. Scratweed. Mutton Chops. Robin-run-in-the

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way upwards through the der of the hedgerows into daylip weak stems then struggling call the other wayside plants, matted masses.

The narrow, lance-shape inch long and 1 inch big in rosettes or whorls, six of are rough all over, both me the prickles pointing basis two or three together, spr. the leaves and are small and white or greenish-white. The by little globular seed-ve els diameter, covered with nooked readily adhering, like the leaves, to they touch. By clinging to the coat animal that touches them, the dispersal seeds is ensured.

Most of the plant's popular names are nected with the clinging nature of the h Some of its local names are of very old on being derived from the Anglo-Saxon h rife,' meaning a taxgatherer or robber, fr its habit of plucking the sheep as they near a hedge. The old Greeks gave it name Philanthropon, from its habit of change ing. The specific name of the plant, aparin, also refers to this habit, being derived from the Greek aparo (to seize). Clite, Click, Clith. eren, Clithers are no doubt various forms of Cleavers, and Loveman is merely an Angicized version of Philanthropon. Its frequent name, Goosegrass, is a reference to the fast that geese are extremely fond of the herb. It is often collected for the purpose of giving to poultry. Horses, cows and sheep will also eat it with relish.

The seeds of Clivers form one of the

nough the Galiums look as if they possessed whorls of six leaves, one of which may usually be recognized by having a bestiques to be a stipules to be a stipule to be a stipul stipules, two belonging to each leaf. - EDITOR.

CLOVER, RED

for coffee; they require simply to and slightly roasted over a fire, and en so used in Sweden. The s a decoction equal to tea. Dioscorides that the Greek as day employed the stems of make a rough sieve, and it is able that Linnæus reported the made of it in Sweden, in er to strain milk; the Sweden.

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The herb h with reference allied tumours, an on the leaves and stems wherever of dress the ulcerated parts, the expressed juice at the same time being used internally.

Clivers was also used as an ointment for scalds and burns in the fourteenth century, under the name of Heyryt, Cosgres, Clive

and Tongsheder (Torquebled), the third PES

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It was later used for colds, swellings, etc., the whole plant being rather astringent, and

the whole plant being rather astringent, and on account of this property being of service in some bleedings, as well as in diarrhoa. Clivers tea is still a rural remedy for colds in the value of the help and aliant services and blacker it may be given to advantage services and aliant services.

ommended, in doses of at as it is a rather powerful uld be taken the transport of makers, and quoting Pliny, says:

A pottage made of Cleavers, a little mutton and of meal Dob to construction and of meal to the construction of the construction of

umary argans. It is given in obMADDER, CROSSWORT.

MADDER, CROSS

Trefoil. Purple Clove Part Used. Blossoms

Habitat. Abundant in Britain, throughout Europe, Central and Northern Asia from the ins

Mediterranean to the Arctic Circle and Description. A perennial, but of short high, arising from y; leaves ternate, duration, generally abundant on meadow of a light sandy nature, where it smooth, ending in ong point often lighter coloured in centre, es abundant blossom at mowi forming an flowers red to purple, fragrant, in dense value terminal ovoid or globular heads.

Medicinal Action and Uses. The fluid extract of Trifolium is used as an alterative

