

Clinical study to determine the skin benefits of the Vibra-Sonic® cleansing brush

7 day study on 25 healthy volunteers using one cosmetic device

SUMMARY DOCUMENT

Summary

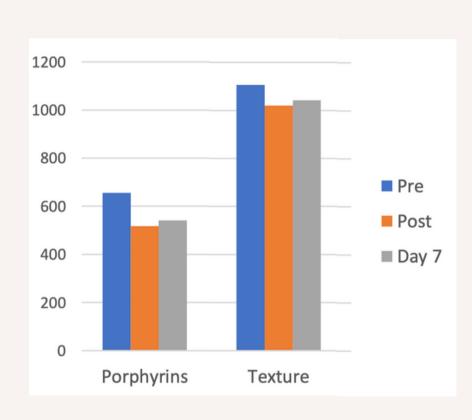


- This study was designed to obtain objective evidence of the effects of the Vibra-Sonic® cleansing brush after one use and seven days use.
- Instrumental and imaging-based measurements were made, together with volunteers' selfassessment of the efficacy attributes of the device.

- Twenty five female volunteers aged 18 to 40 were recruited. The volunteers had healthy skin, with no significant concurrent illnesses or skin disease.
- Subjects used the test product once in the clinic under supervision and daily at home for seven days. Assessments were made after a single use and after 7 days use.

Results





Poryphrins / Texture - Canfield Visia®

Canfield Visia® is an image-based skin analysis system. Both left and right-side images were analysed and the parameters derived for each side.

The system detected differences both after first use and after a week's use. In particular, the parameters Porphyrins* and Texture** were decreased significantly compared to Pre-Treatment values.

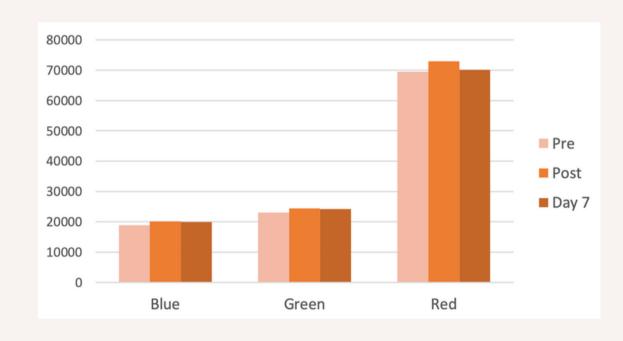
The results of the statistical analysis using the non-parametric Friedmann Two-Way ANOVA was significant for poryphrins (p=0.0043) and was significant for texture (p=0.0417).

^{*}Poryphrins - bacterial excretions lodged in the pores), therefore reduction is poryphrins = reduced bacteria in pores.

^{**}Texture - primarily an analysis of skin smoothness, therefore decrease indicates reduced appearance of rough, dry skin

Results





Translucency - TLS Translucency Meter

The Translucency Meter (TLS) assesses how light interacts with the skin structure and pigmentation, absorption levels and sub-surface scattering phenomena.

- The parameter Alpha showed a significant decrease at Day 7 for both Green and Red light. Alpha is expected to decrease when the skin is more translucent.
- The parameter K showed a significant increase Post-Treatment was noted for Red light. Parameter K is expected to increase when the skin is more translucent.
- The parameter Area showed a significant increase Post-Treatment for Green and Red light. Parameter Area is expected to increase when the skin is more translucent.

The use of the device therefore leads to a more translucent (clear) skin supporting the claims of "Reduced appearance of dull skin" and "Improved skin radiance" particularly with prolonged use.

Results



100%

of participants said the product was easy to use 96%

said their skin felt noticeably smoother after first use 96%

said the product was gentle and comfortable for their skin 100%

said they would recommend the device to a friend

Results from participant questionnaire

Conclusion



Based on the instrumental testing, the following claims were supported:

- Skin texture significantly improves in 7 days. Skin is smoother, clearer and more even after just one use. After just one use, skin texture is refined and made smoother. Regular use over 7 days significantly improves skin texture.
- Clinically proven to clear pores and reduce breakout causing bacteria. Skin is smoother, clearer and more even after just one use. Use of the Vibra-Sonic® cleansing brush clinically proven to clean out pores and reduce bacteria in pores associated with blackheads and breakouts.
- Clinically proven to make skin more clear and translucent, less dull and more radiant, from first use and with improvement with regular use.

The clinical study demonstrated that the Vibra-Sonic® cleansing brush was able to significantly improve skin parameters associated with blemish improvement, skin texture improvement, skin radiance and translucency.

Conclusion



CLAIM	DATA	RESULT
Skin texture significantly improves in 7 days. Skin is smoother, clearer and more even after just one use. After just one use, skin texture is refined and made smoother. Regular use over 7 days significantly improves skin texture.	Difference between baseline skin texture and measurements taken after a single use and after 7 days home use, measured using the Visia® CR system with image analysis.	Result was statistically significant (p=0.04)
Clinically proven to clear pores and reduce breakout causing bacteria. Skin is smoother, clearer and more even after just one use. Use of the Vibra-Sonic® Cleansing brush clinically proven to clean out pores and reduce bacteria in pores associated with blackheads and breakouts.	Difference between baseline UV detectable porphyrins associated with bacteria in the pores and measurements taken after a single use and after 7 days home use, measured using the Visia® CR system with image analysis.	Result was highly statistically significant (p=0.0043)
Clinically proven to make skin more clear and translucent, less dull and more radiant, from first use and with improvement with regular use.	Measured using the Canfield translucency meter TLS-850. Multiple parameters supported the improvement in skin clarity and translucency, including alpha value and K value at the important red-light wavelengths.	K value for immediate improvement (p=0.04) Alpha value for long term improvement (p=0.0197) values for red LED source

Clinically proven to help skin appear:





Firmer + tighter



Clearer + smoother



Brighter + more radiant



Clinically tested



Dermatologically tested

