enjoy some fresh air and warm sun! Spring is a great time to reconnect with nature and share experiences with your loved ones. This list will help you be intentional with your time and create life-changing moments both big and small-this is the good

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VISIT A FARMERS MARKET	RIDE YOUR BIKE
SEND MOTHER'S DAY CARDS	BAKE MUFFINS
PLANT A GARDEN	VOLUNTEER YOUR TIME O
FLY A KITE	PICK STRAWBERRIES
DO A RANDOM ACT OF KINDNESS	LAY IN A HAMMOCK
HAVE A PICNIC	MAKE FRUIT SMOOTHIES
VISIT A LOCAL PARK	WRITE ONE THING YOU'RE GRATEFUL FOR
PLAY IN THE RAIN	WATCH A SUNRISE
GO TO A BASEBALL GAME	FEED THE BIRDS
FIND FOUR LEAF CLOVERS	DO A SPRING PHOTO SHOOT
DECORATE EASTER EGGS	GET A MANI/PEDI
DONATE ANY UNUSED ITEMS	MAKE HOMEMADE GRANOLA
SCHEDULE A SUMMER VACATION	SEND A HANDWRITTEN NOTE
PICK OR BUY FRESH FLOWERS	REVIEW YOUR GOALS
SCHEDULE SPRING CLEANING	BE A TOURIST IN YOUR HOMETOWN
(REFER TO "KEEPIN' IT CLEAN" in your planner)	

