

EMERGENCY PREPARATION

COLLECT AN EMERGENCY KIT

- Water | One gallon of water per person per day for at least three days, for drinking and sanitation
- Non-Perishable Food | At least a three-day supply of non-perishable food
- Battery-powered or hand crank radio
- NOAA Weather Radio with tone alert
- Flashlight (with extra batteries)
- First aid kit
- Whistle to signal for help
- Dust mask for each family member | To help filter contaminated air
- Duct tape
- Moist towelettes, garbage bags & plastic ties | For personal sanitation
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Local maps
- Cell phone with chargers and a backup battery
- Non-prescription medications | I.e. pain relievers, anti-diarrhea medication, antacids or laxatives
- Important family documents | Such as copies of insurance policies, identification and bank account records saved electronically or in a waterproof, portable container.
- Sleeping bag or warm blanket for each person
- Change of clothing & sturdy shoes
- Fire extinguisher
- Matches in a waterproof container
- Mess kits, paper cups, plates, paper towels and plastic utensils
- Cash or traveler's checks

IF APPLICABLE:

- Prescription medications
- Glasses and contact lens solution
- Baby Supplies | Infant formula, bottles, diapers, wipes, diaper rash cream, etc.
- Pet food and extra water for your pet

MAKING A PLAN

- Have a family meeting to determine what the needs of each person will be in an emergency situation..
- Plan ways to care for those who might be at greater risk and need more help.
- Create an emergency contact list family, friends, neighbors, carpool drivers, health care providers, teachers, employers, the local public health department, and other community resources.
- Take annual pictures of assets
- List out assets at each estate
- Update insurance policies
- Backup digital assets/computers to the cloud
- Review disaster kit as family needs change
- Replace any expired items in disaster kit
- Review evacuation plan/meeting locations

NOTES
