



SHAMPOO BARS (1)

“Which shampoo bar is for me?”

BAR	FONCTION	FEATURED INGREDIENT	SUITABLE FOR
Mont-Ferréol Sea Buckthorn	Nourishes, hydrates and softens hair	Sea Buckthorn, castor oil, Cocoa butter and Ylang- Ylang	Normal to dry hair
Thorough Hair Care Soap	Anti-dandruff, fortifying	Cedar and Tea Tree	Oily and dandruff prone hair
Blond and White Hair	Anti-yellowing, lightening and hydrating	Citron, Lemon, Chamomile and honey	For blond and grey/white hair
Mrs Mophead	Revitalising and hydrating	Carrot and Sage	Long, curly and dry hair
Natural Shampoo	Nourishing and hydrating	Castor and coconut oils (no essential oils)	All hair types
Arctic Shampoo Vegan	Stimulates hair growth and reduces dandruff	Burdock and Sea Salt	Normal to oily hair
Maritime shampoo Vegan	Strengthens and stimulates hair growth	Pink Salt and Clay	Normal to oily hair
Riverside shampoo Vegan	Nourishes and moisturizes	Nettle and Marshmallow	All, including dyed, hair types
Red Clay Shampoo	Softens, nourishes and hydrates	Lemon and Orange oils	All hair types, including frizzy and dry
Marshmallow and Cedar Shampoo	Relieves itchiness	Citrus and Geranium oils	Oily hair and itchy scalps



SHAMPOO BARS [2]

“Which shampoo bar is for me?”

- Rub the bar over wet hair. Massage the scalp until you have worked up a good lather and make sure it covers all your hair. Rinse thoroughly with warm or even hot (yet comfortable) water as to get rid of any possible residue.
- It is essential to use a conditioner if you normally do so.
- **Helpful tip** : once in a while finish off with an apple cider rinse to give your hair a gorgeous shine: 1 tablespoon of vinegar for 2 cups of water. Leave in hair for 1 to 2 minutes, then rinse thoroughly.
- You can expect that it can take about 3 to 5 shampoos before you get the best results if you are transitioning from liquid shampoo. This is the time it takes to fully rid the scalp and hair of leftover residues.