## KIDS CHRISTMAS KINDNESS

···· TRIGG ADVENT CALENDAR ····

Donate to the local food bank Help cook dinner

Leave a kind note on a friends desk

Make your bed Donate toys to a wishing tree Hide a nice note in a library book

Make a tree decoration for a friend Tell a silly joke

Mail a letter to your grandparents

Be patient and kind Hold the door open for someone

12

Tell someone you love them

Tidy up your room Make a card for your teacher Donate some of your books

Talk to someone new at school

Set the dinner table

Bake

cookies for a

neighbour

19

Donate some of your toys

Offer to help a friend or neighbour

Smile at everyone today

Let someon

Let someone go in front of you

Give your parents an extra hug

Donate this week's pocket money to charity

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