

I alternate between these two existences:

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one is being total mom all day.*

so much for work that if I need a haircut I'll usually ask the hairdresser who's working with me to trim it. I've colored my hair in the past, but right now I'm completely natural. It's nice to give my hair a break. **3:00 P.M.** Sometimes I'll get treats on the way to school pickup, or we'll go out after. Or we'll have a playdate. This is, like, my mom life! I alternate between these two existences: One is being at work all day, and one is being total mom all day. But I always have my Dior Diorama bag with me—it's a big black bag with a silver chain. It makes me feel so put together. I keep the Dior cuticle cream inside to stop myself from being bad to my cuticles. **6:00 P.M.** If I go out for the evening, I like to wear something that's not mommy gear. I'll put on a black dress or skinny pants and heels, lipstick, mascara, and always my Miss Dior perfume. Once a week I'll treat myself to a glass of wine or champagne or a beer in the evening. Most nights we eat all together at home. My ideal dinner includes pasta. We usually have Italian or Japanese food. There's a lot of Postmates going on in our house right now. Both my husband and I cook a lot, but since having the baby I don't think either of us has very much. I make a lot of couscous and Middle Eastern food, and my husband does everything. He's a wonderful cook. I'm very, very lucky. **9:00 P.M.** If we go out to dinner, we often come home afterward and watch a film. We've been watching a lot of classic movies on FilmStruck. Recently, in a fit of postpartum hunger, I ordered 10 cartons of Van Leeuwen vegan ice cream. It's my guilty pleasure. I didn't eat 10 cartons, I just ordered them because I was on Postmates and was like, "All of the flavors sound good, why don't I get all of them?" So now I have all of the flavors. Banana Salted Caramel is delicious, and Mint Chip is excellent. They're in my freezer, so I can have a scoop before bed. It may be a hurdle to getting back to my pre-baby size, but it's a nice treat. **11:00 P.M.** I always take off my makeup before bed. I use Bioderma makeup remover and Joëlle Ciocco cleansing wash, then I put on rose oil or a moisturizing mask that I got from a French pharmacy. There's a British brand I like called Pai that has a great eye cream. I'm usually in bed by midnight, no matter what. I fall asleep easily, but I don't stay asleep very long. I think when you have young kids, it's part of your job to wake up every time you hear something, so I feel like it's just going to be a few years that it's like that. **As told to**

Alexandra Parnass



NATALIE'S MUST-HAVES



The Robin rose [hair
\$] makes my shower
nderful." Christophe
umizing Conditioner
se Extracts, \$43.
strophe-robin.com.



"If I go out for the evening,
I always wear my Miss Dior
perfume." Dior Miss Dior
Eau de Parfum, \$124. dior.com.



"My Dior Diorama bag
makes me feel so put
together." Dior bag,
\$3,300. 800-929-DIOR.



"Van Leeuwen vegan ice
cream is my guilty pleasure."
Van Leeuwen Artisan Ice
Cream, \$89 for six cartons.
vanleeuwenicecream.com



"I've been living in Acne
button-down dresses."
Acne Studios dress, \$420.
acnestudios.com.