

# WHITE HORSE

MONTHLY SPECIALS • 5.24

## SANDWICHES

<b>TURKEY REUBEN</b>	.....	12
turkey, sauerkraut, Swiss cheese, thousand island dressing, pressed sourdough bread, served with potato chips		
<b>CRISPY ASIAN CHICKEN SANDWICH</b>	.....	13
crispy chicken cutlet, ginger soy glaze, asian slaw, sriracha mayo, jalapeno, ciabatta roll		
<b>AVOCADO CAPRESE</b>	.....	11
avocado, tomato, mozzarella, balsamic drizzle, arugula, red onion, fresh basil, toasted French roll		
<b>PROSCIUTTO &amp; FIG GRILLED CHEESE</b>	.....	10
prosciutto, fig jam, Swiss cheese, apple, & arugula, pressed on sourdough bread		
<b>GRILLED CHICKEN CAESAR WRAP</b>	.....	11
blackened grilled chicken, Caesar dressing, parmesan cheese, red onion, romaine lettuce, toasted bread crumbs, white wrap		
<b>TOFU BANH MI</b>	.....	11
roasted tofu, pickled carrots, cucumbers, romaine lettuce, cilantro, vegan Thai basil mayo, sriracha drizzle, French roll (V)(DF)		
<b>TUNA MELT</b>	.....	11
classic tuna salad, Swiss cheese, and sliced tomato on sourdough bread, served with pickles and chips		

## SALADS & BOWLS

<b>THAI KALE SALAD</b>	.....	11
chickpeas, dried currants, nori, peanuts, carrots, bell peppers, cabbage, peanut dressing (V)(DF)(GF)		
<b>CHICKEN TACO SALAD</b>	.....	13
grilled blackened chicken, black beans, shredded cheddar, diced tomato, red onion, cilantro, romaine lettuce, cabbage, avocado ranch dressing (GF)		
<b>MEDITERRANEAN SALMON SALAD</b>	.....	13
roasted organic salmon, quinoa, cucumbers, cherry tomatoes, red onion, feta cheese, field greens, red wine vinaigrette (V)(GF)		
<b>KOREAN TOFU BOWL</b>	.....	14
spicy marinated tofu, kimchi, avocado, pickled carrots, cucumbers, miso chili sauce, over jasmine rice and spinach (V)(DF)(GF)		

ALL OF OUR SALAD DRESSINGS ARE HOMEMADE

## DESSERTS

<b>VANILLA CHEESECAKE</b>	.....	7
<b>BLUEBERRY BUNDT CAKE</b>	.....	6

OPEN DAILY  
609-677-9880  
PRESS 2

# THE MARKET AT WHITE HORSE

LOCATED AT  
410 WHITE HORSE PIKE  
ABSECON, NJ

## SANDWICHES

<b>THE FISHERMAN</b> .....	9
mediterranean tuna salad with white beans, artichoke hearts, peppers, and red onion, with field greens in a white wrap (DF)	
<b>THE CASANOVA</b> .....	11
prosciutto di parma, mozzarella cheese, nut-free basil pesto, roasted red peppers, and arugula on a french roll, served hot or cold	
<b>THE BOXER</b> .....	11
prosciutto di parma, sweet soppressata, provolone cheese, goathorn peppers, stone ground mustard, & arugula on a french roll	
<b>THE PARISIAN</b> .....	10
French brie, caramelized onions, fig jam, and arugula on a multigrain roll, served hot or cold (V) add turkey.....	2
<b>THE SURFER</b> .....	9
mango curry chicken salad with raisins and scallions, in a whole wheat wrap with field greens	
<b>TURKEY AVOCADO</b> .....	10
all natural turkey, havarti cheese, avocado, mustard aioli, carrots, red onion, and romaine lettuce on a multigrain roll	
<b>SESAME HUMMUS</b> .....	9
homemade hummus, avocado, cucumber, carrots, bell peppers, scallions, field greens, and homemade sesame dressing in a spinach wrap (V)(DF)	

## WARM BOWLS

<b>CHICKEN SHAWARMA BOWL</b> .....	14
marinated grilled chicken, romaine lettuce, diced tomato, red onion, white sauce, and a drizzle of sriracha over turmeric rice, served with warm flatbread	
<b>TUNA POKE BOWL</b> .....	16
marinated ahi tuna, cucumber, carrots, sesame seeds, scallions, and avocado over jasmine rice topped with sriracha mayo (DF)(GF)	
<b>GINGER SOY SALMON BOWL</b> .....	16
ginger soy organic salmon, cucumbers, avocado, scallions, sesame seeds, and toasted nori over jasmine rice, topped with sriracha mayo (DF)(GF)	



CHECK OUT OUR GRAB &  
GO CASE FOR SIDES, SALADS,  
AND PREPARED MEALS!

ASK ABOUT OUR HOMEMADE SOUPS

## SIGNATURE SALADS

<b>SPRING SALAD</b> .....	9
field greens, dried cranberries, toasted almonds, goat cheese, homemade balsamic vinaigrette (V)(GF)	
<b>CHOP SALAD</b> .....	10
romaine lettuce, carrots, cucumber, red onion, bell peppers, artichoke hearts, feta, olives, homemade red wine vinaigrette (V)(GF)	

## PICNIC BOXES

<b>CHEESE BOX</b> .....	18
market's choice of three cheeses, fig jam, toffee cashews, fresh or dried fruit, sliced bread (V)	
<b>CHARCUTERIE BOX</b> .....	20
market's choice of two cheeses, two meats, whole grain mustard, olives, & sliced bread	

## SMOOTHIES & BOWLS

<b>VANILLA DATE</b> .....	7
banana, almond milk, vanilla, almond butter, cinnamon, dates, & real maple syrup (V)(DF)(GF) 16oz	
<b>TROPICAL BERRY</b> .....	7
mango, strawberry, pineapple, pineapple juice, coconut water, fresh lemon (V)(DF)(GF) 16oz	
<b>BLUEBERRY COCONUT</b> .....	7
blueberries, coconut water, banana, lime, ginger (V)(DF)(GF) 16oz	
<b>GREEN SMOOTHIE</b> .....	7
banana, mango, celery, spinach, lime, almond butter, almond milk, & real maple syrup (V)(DF)(GF) 16oz	
<b>THE OG ACAI</b> .....	11
acai base, granola, blueberries, banana, strawberries, coconut flakes, and almond butter (V)(DF)(GF)	
<b>NUTTY ACAI</b> .....	11
acai base, granola, banana, strawberries, coconut flakes, nutella drizzle (V)(GF)	
<b>CHOCO-NUT BOWL</b> .....	11
coconut base, granola, banana, strawberries, cacao nibs, coconut flakes, nutella drizzle (V)(GF)	
<b>THE ISLANDER</b> .....	11
coconut base, granola, strawberries, blueberries, banana, honey drizzle, chia seeds (V)(DF)(GF)	

### ADDITIONAL TOPPINGS: 50¢ EACH

Hemp Seeds • Cacao Nibs • Chia Seeds • Fruit  
Coconut Flakes • Chocolate Chips  
Peanut Butter • Almond Butter • Nutella