

1



"It is of practical value to learn to like yourself. Since you must spend so much time with yourself you might as well get some satisfaction out of the relationship."

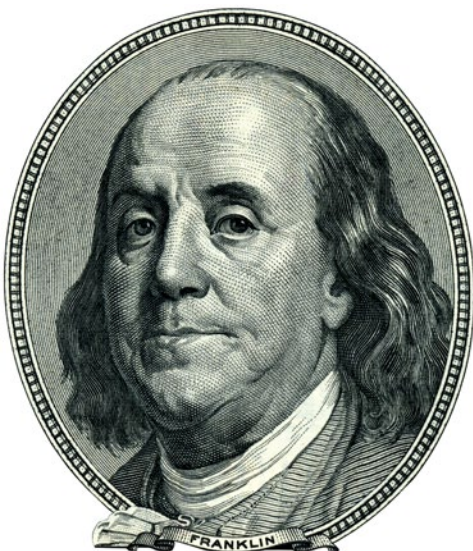
Norman Vincent Peale

Personality has power to uplift, power to depress, power to curse, and power to bless.

Paul Harris

"If you would be loved, love, and be loveable."

Benjamin Franklin



4



"The royal road to a man's heart is to talk to him about the things he treasures most."

Dale Carnegie

TEN INSPIRATIONS



"People 'We can improve our relationships with others by leaps and bounds if we become encouragers instead of critics."

Joyce Meyer

"The greatest power you have on earth, whether you are an angel, a spirit, a man or woman or child is to help others."

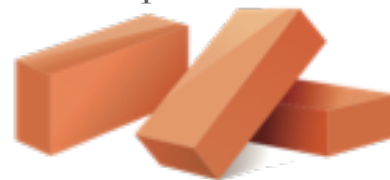
Anne Rice

brucewilkinsoncourses.org/discover

7

"People are lonely because they build walls instead of bridges."

Joseph F. Newton



8

"Friendship is born at that moment when one person says to another, 'What! You too?'"

I thought I was the only one"

C.S. Lewis

9

"Everything that irritates us about others can lead us to an understanding of ourselves."

Carl Jung



10

"The meeting of two personalities is like the contact of two chemical substances: if there is any reaction, both are transformed."

Carl Jung

