

3. Chocolate frosting

Ingredients:

- 80g palm shortening (avail iHerb)
- 55g ghee
- 200g rice malt syrup
- 2T raw cacao
- 2T coconut flour

Put all ingredients in TMX bowl and combine 20 seconds, speed 5

Scrape down and repeat until smooth

Spread over cake/cupcakes

Place in fridge to set

Make only a half quantity for cupcakes.

and VOILA!

