- Each student may be asked to stay at the same table/same seat throughout the week.

- Each student may be asked to work with the same practical skills partner throughout the week.

- Students will be asked to bring their own mask from home. This will be crucial in practical skills scenarios.

- Each student will be given a small spray hand sanitizer to use for the week. Please use this regularly. When you run out of hand sanitizer, please let one of the instructors know and they will refill it!

- Wilderness Medicine of Utah will provide gloves for use during practical skills scenarios. Gloves should only be used if you are the rescuer in a scenario.

- We will try to hold as much of our class as possible in an outdoor environment.

- Students will be asked to wash their hands frequently throughout the week. This means anytime they leave the building, return to the classroom, use the restroom, etc. Please wash your hands for 20 seconds at least. We will have portable wash stations set up outside during all practical skills sessions. When in doubt, wash your hands.

- If you are the rescuer in a scenario, try to verbalize instead of touching the victim if the scenario allows it.

- If you are not feeling well before class starts, or after the course has started, DO NOT come to class. It is imperative that you talk to your instructors before coming to class if you are feeling sick.

- Due to some of our classroom limitations, some locations that we hold our courses may not be able to accommodate some of the later hours that we might typically have during the course. Instructors may assign more homework on these days for students to complete before the next day's class.

We are looking forward to having you in one of our courses in the near future! Wilderness Medicine of Utah appreciates the willingness and flexibility that our students have shown us in this unprecedented time. As always, our goal is to provide students with the knowledge to be prepared for wilderness emergencies. In this time, as courses may look a little bit different, we hope to maintain this same goal with the health and safety of our students in mind.