

Quick Start Guide

Questions? Visit our website at www.snorecoach.com or contact us at support@huneo.com



1

Download SnoreTrack from the Apple App Store or Google Play store – It's free!

Search for **SnoreTrack** and then hit the download button

Open the app on your phone by tapping on the moon icon

Note: SnoreTrack needs to have access to your phone's microphone - be sure to click "yes" if asked

2

Open the Settings page in SnoreTrack

Set the time you want SnoreTrack to start each night

Each night, 15 minutes prior to the time you set, SnoreTrack will remind you to start the app*



* On Android Devices, SnoreTrack will automatically start recording at your selected start-time - Apple devices require that you login and manually start the app each night

Settings page

3



Connect the SnoreCoach with your Phone by clicking on the word “Pair”

Shake your SnoreCoach a couple of times to wake it up



The light on your SnoreCoach will stop flashing and a

message box will pop up telling you that the SnoreCoach is paired

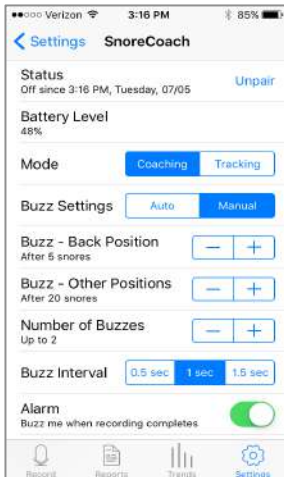
Settings page (cont.)

4

Click on the “>” next to “SnoreCoach” to go to the setup page for your device

Tracking mode tracks your movements through the night but doesn't buzz you when you snore

Coaching mode will buzz you according to your Buzz Settings, which are set either automatically or manually



Try different settings

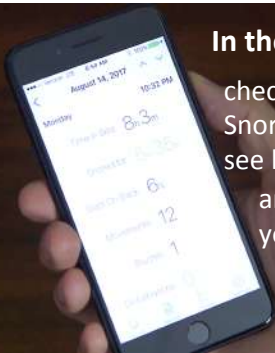


Clip your SnoreCoach on the collar on the back of your night-shirt with the Huneo Logo facing out

5

In most cases, motion in your SnoreCoach will automatically start the SnoreTrack App

6



In the morning

check your SnoreTrack app to see how you slept and how much you snored.