Quick Start Guide

Questions? Visit our website at www.snorecoach.com or contact us at support@huneo.com

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Download SnoreTrack from the Apple App Store or Google Play store – It's free!

Search for SnoreTrack and then hit the download button

Open the app on your phone by tapping on the moon icon

Note: SnoreTrack needs to have access to your phone's microphone - be sure to click "yes" if asked

2	●●○○○ Verizon 夺 2:49 PM Settings	\$ 87% ••• >			
Open the Settings page	Alert Me to Start Recording				
In Shore Frack	Recording Start Time	11:00 PM			
Set the time you want	Recording Duration	8h			
SnoreTrack to start	Snore Playback				
each night	Birth Year	1958			
Fach night 15 minutes	Sex	Female			
prior to the time you	Microphone Sensitivity	High			
set, SnoreTrack will	SnoreCoach	>			
remind you to start	App Version	FAQ			
the app*	Record Reports Trends	G			

* On Android Devices, SnoreTrack will automatically start recording at your selected start-time - Apple devices require that you login and manually start the app each night

Settings page



Connect the SnoreCoach with your Phone by clicking on the word "Pair"

Shake your SnoreCoach a couple of times to wake it up

The light on your SnoreCoach will stop flashing and a

message box will pop up telling you that the SnoreCoach is paired



Settings page (cont.)

Click on the ">" next to "SnoreCoach" to go to the setup page for your device

Tracking mode tracks your movements through the night but doesn't buzz you when you snore

Coaching mode will buzz you according to your Buzz Settings, which are set either automatically o

Settings SnoreCoach Settings SnoreCoach Status Off since 3:16 PM, Tuesday, 07/05 Unpair Battery Level 48% Mode Coaching Tracking Buzz Settings Auto Manual Buzz - Back Position Inter 5 snores Buzz - Other Positions Inter 5 snores Buzz - Other Positions Inter 5 snores Buzz - Other Positions Inter 5 snores Buzz Interval 0.5 Sec 1 Sec Interval Coaching Tracking Interval Discore 1 Sec Interval Discore 1 Sec Discore 1 Sec

set either automatically or manually Try different settings



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Clip your SnoreCoach on the collar on the back of your night-shirt with the Huneo Logo facing out



In most cases, motion in your SnoreCoach will automatically start the SnoreTrack App

In the morning

check your SnoreTrack app to see how you slept and how much you snored.