



Ice E Oil Essential Oil Data Sheet

Lemongrass

Ice E Oil Pure Essential Oil

LEMONGRASS

Cymbopogon citratus

ORIGIN

India

PART OF EXTRACT

Grass

DISTILLATION METHOD

Steam

COLOR

Pale Yellow

CONSISTENCY

Thin

NOTE - PERFUMERY

Top - Middle

INITIAL AROMA STRENGTH

Strong

AROMA DESCRIPTION

Clean, Fresh, Slightly Fruity, Sweet

AGE GUIDELINE

2+ months

SHELF LIFE

2 years

DILUTION GUIDELINES

2% (20 drops per 1oz carrier oil)

USED FOR

Healthy Complexion, Digestion Support, Insect Repellent, Muscle and Joint Health Support

BLENDS WELL WITH

Geranium, Pink Grapefruit, Lavender, California Lemon, Lime, Sweet Orange, Rosemary, Tangerine

CAUTIONS

Possible drug interactions; check with practitioner. Do not use on children under 2 years old with hypersensitive, damaged, and/or diseased skin.

AVOID DURING PREGNANCY & BREASTFEEDING

USE WITH CAUTION DURING PREGNANCY & BREASTFEEDING

Y

SAFE TO USE DURING PREGNANCY & BREASTFEEDING

SAFE FOR DOG USE (10+ WEEKS)

Y

NOT SAFE FOR THE FOLLOWING ANIMALS: BIRDS, CATS, FISH, AND REPTILES

Y

NOT intended to diagnose, treat, cure, and/or prevent any disease or medical disorder. For educational purposes only. NOT intended for internal use. If considering oral consumption seek out the advice of a qualified medical doctor and/or expert, certified aroma therapist. As with all natural supplements it is advised that you inform your medical doctor of the use of this and all essential oils. If going to apply directly to the skin (topical use) it is advised that you perform a small skin patch test to check for sensitivities and refer to suggested dilution guidelines using a carrier oil (ex: fractionated coconut oil, almond oil, jojoba oil, grape seed oil). Keep away from children and pets. This information has NOT been evaluated by Health Canada.

Ice N Fire is dedicated to sourcing 100% pure and natural oils free of pesticides, synthetic fertilizers and herbicide residue.