

Musik at Home

You • Your Child • Your Schedule

Smiles & Slumbers

1. Baby, Baby – Greeting Song

FUNCTION: To begin class with a lively, personalized welcome song.
ADULT'S ROLE: To enthusiastically engage in the motions & sing your child's name in the song when prompted.
CHILD'S ROLE: To feel loved & to follow the lead of their loving grown up!

2. Bounce Along - Bouncing Song

FUNCTION: Helping your child feel a Steady Beat.
ADULT'S ROLE: Bounce your child on your knees. For a child who doesn't want to bounce, show the beat by bouncing your legs or clapping.
CHILD'S ROLE: To enjoy being bounced, feeling the beat throughout the body.

3. Patterns - Major Tonal Patterns, Duple Rhythm Patterns

FUNCTION: To shape musical listening, to give your child a range of musical sounds to imitate.
ADULT'S ROLE: To sing tonal patterns & chant duple patterns when prompted to echo the teacher. To allow the child to set his or her own pace for imitating.
CHILD'S ROLE: To listen to the sounds their grown up is making. To imitate sounds when ready without feeling any pressure to perform.

4. Eye Winker - Body Awareness

FUNCTION: Isolating parts of the body such as the nose, eyes or chin helps a baby experience them as separate parts.
ADULT'S ROLE: To activate your child's sensory nerve endings to develop body awareness.
CHILD'S ROLE: To feel & develop self awareness through sensory play.

5. Weave - Rocking or Dancing Song

FUNCTION: Modeling steady beat, showing love, building trust
ADULT'S ROLE: Meeting your child's need for security, steady rocking, dancing
CHILD'S ROLE: To feel secure and loved while enjoying gentle rocking.

6. Yankee Doodle - Steady Beat Motion

FUNCTION: Exploring ways to keep a steady beat with instruments or dancing.
ADULT'S ROLE: Provide an instrument for your child to shake or tap, or dance around the room with your child, exploring motions that move to the beat.
CHILD'S ROLE: Enjoy responding naturally to the music with movement.

7. Allee Galloo - Scarves

FUNCTION: To provide a visual illustration of the movement of sounds from low to high, or high to low.
ADULT'S ROLE: Follow the motion of the sound with your scarf or similar item.
CHILD'S ROLE: To absorb the sounds & to watch the motion of the scarf.

8. Golden Slumbers - Lullaby

FUNCTION: To stimulate the connection between mind, body & ear through rocking motion. This contributes to the development of the vestibular system in the inner ear responsible for balance.
ADULT'S ROLE: To lovingly rock and stroke your child.
CHILD'S ROLE: To feel the movement while listening to the soothing melody.

9. Baby, Baby - Goodbye Song

FUNCTION: To finish the class acknowledging one another with hugs & smiles.
ADULT'S ROLE: To affirm your child for time well spent with you in musical play!
CHILD'S ROLE: To say goodbye with motions, to feel closure to class time. To feel your love, affirmation & support for a job well done.

Musical play is a vital part of your child's development. Relax, have fun, & go with the flow.