

STEP **ONE**

HOW TO USE STEP ONE

The amazing difference of Step-One

STEP ONE

Check Point



Check 1

Simple and Chic Designs

Are you rummaging your wardrobe for clothing to match your baby carrier? Pognae Step One's simplistic design will go with any design to keep moms and dads stylish.



Check 2

Ergonomic design helps support the baby at the waist

Pognae's Step One does not support the baby's weight only with the shoulders and back. The waist belt also helps to support the baby and the baby's weight is dispersed efficiently and evenly.



Check 3

Three layers of fabric help to support the baby

Three layers of fabric help to support the baby firmly. Elastic and Stretchy fabric tend to stretch as the baby becomes heavier. With Pognae's Innovative design, the three layers Step One fabric can minimize the stretching feeling even when the baby's weight is heavier to ensure stable support for prolonged period.



Check 4

Safety for everyday use

Babies tend to move unexpectedly any moment. To prevent baby from falling out, firm buckles and sturdy webbing straps are designed for prevention.



Check 5

What is the proper sitting position? The M-posture ensures the baby's comfort

Pognae's Step One has been designed in an ergonomic way that will support baby's natural growth and development. The M-posture ensures the baby feels comfortable.



Check 6

Easy to wear on your own!

01

Wear like a T-shirt, and pull the webbing straps to the front as if you are taking down the back plate.



02

Ensure that the back plate is located at lower back.



Check 7

Easy to put on and remove

It is challenging to place a sleeping baby down. They will wake up easily at the slightest changes. Pognae's Step One is designed to let Moms and Dads to safely place their baby down by just unbuckling the buckles at the side of baby wrap without waking them up. "Sweet Dream little one"



Check 8

STEP ONE Size Charts

Moms and dads can share Pognae's Step One. Is your baby feeling stuffy and upset? Adjust the size according to the baby's growth.

The Step One product is a one-size product.
Customers of following sizes are able to wear the product comfortably.

Women	XS	S	M	L	XL
Men	S	M	L	XL	



Step One

Product Detail



The Product Details as follow

- 1 Fabric 1 : Step One made from Three Layer of fabric helps to support baby weight.
- 2 Fabric 2 : 2nd Layer with the same function.
- 3 Fabric 3 : 3rd Layer with the same function.
- 4 Webbing Strap : The webbing strap size can be modified according to the bodyshape and babies' age.
- 5 Buckles : The Baby Wrap buckles can be used for fasten and easily unbuckle / remove when laying down your sleeping baby.
- 6 Waist Belt : The waist belt ensures the baby's weight is well dispersed without being concentrated on the user's shoulders.
- 7 Back Panel : Ergonomic design of the Wide Back Panel helps the user to hold the baby properly for prolonged periods.

How to Wear Step One

Holding Infants



1



Place the baby wrap behind the user and wear the waist belt.

2



Turn the waist belt around and place the baby wrap in the front.

3



Wear the baby wrap like a shirt, and place the back panel on the lower back.

4



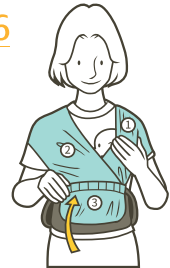
Widen the fabric No.1 to make space for the baby.

5



Place the baby in fabric No.1 and wrap the baby's body with fabric No.2.

6



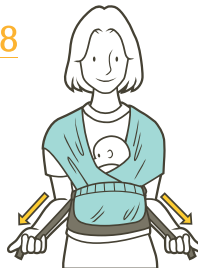
Wrap and support the baby with fabric No.3 after wrapping the baby with fabric No.1 and No.2.

7



Support the baby with one hand, and pull the webbing strap like you are lowering the back panel, tightening the baby wrap slowly. Do the same for the other side.

8



Use both hands to pull the webbing straps, as if you are lowering the back panel. Roll and tuck away remaining webbing straps.

9



Do not take the baby's legs out of the fabric and hold the baby upright in a snugged position. If the baby starts to stretch its legs, take the legs out of the two sides when holding the baby.

How to Wear Step One

Inward Facing Posture

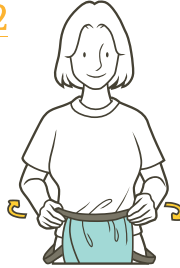


1



Place the baby wrap behind the user and wear the waist belt.

2



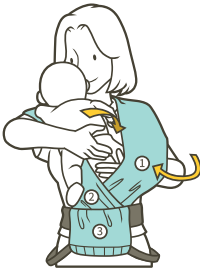
Place the baby wrap behind the user and wear the waist belt.

3



Wear the baby wrap like a shirt, and place the back panel on the lower back.

4



Widen fabric No.1 to place the baby's leg.

5



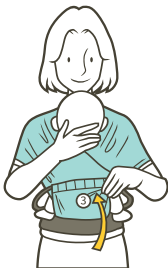
Widen fabric No.2 to place in another leg.

6



Pull fabric No.2 to wrap the overall body of the baby.

7



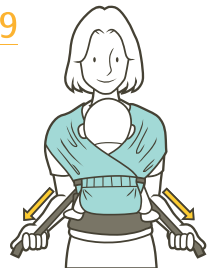
Wrap and support the baby with fabric No.3 after wrapping the baby with fabric No.1 and No.2

8



Support the baby with one hand, and pull the webbing strap like you are lowering the back panel, tightening the baby wrap slowly. Do the same for the other side.

9



Use both hands to pull the webbing straps, as if you are lowering the back panel. Roll and tuck away remaining webbing straps.

How to Wear Step One

Forward Facing Posture



1



Place the baby wrap behind the user and wear the waist belt.

2



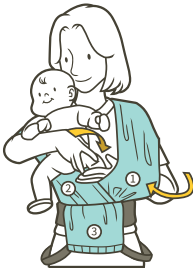
Turn the waist belt around and place the baby wrap in the front.

3



Wear the baby wrap like a shirt, and place the back panel on the lower back.

4



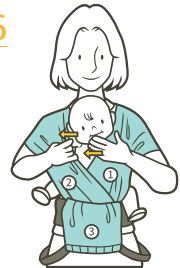
Widen fabric No.1 to make room for the baby's legs.

5



Place the baby's leg in fabric No.1

6



Widen fabric No.2 to place the other leg into the fabric opening.

7



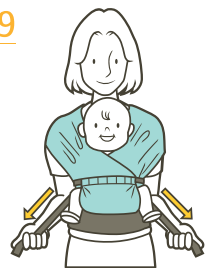
Wrap and support the baby with fabric No.3 after wrapping the baby with fabric No.1 and No.2

8



Support the baby with one hand, and pull the webbing strap like you are lowering the back panel, tightening the baby wrap slowly. Do the same for the other side.

9



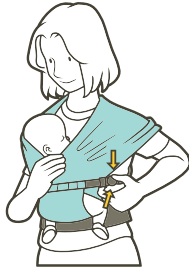
Use both hands to pull the webbing straps, as if you are lowering the back panel. Roll and tuck away remaining webbing straps.

How to Take off Step One

How to Properly Take off I

How to Place the Baby Down
Without Waking The Baby Up

1



Support the baby with one hand and unhook the side buckle with the other hand. (The same for the other side)

2



Support the baby with one hand and support the baby's head and back by putting the other hand into the fabric.

3



Support the baby in the same position, and take off the baby carrier from behind the back with the other hand as if taking off a t-shirt.

4



Take the baby with both hands and place down at a desired place.

5



Rotate the waist belt 180 degrees to place the waist belt in the front.

6



Unhook the waist belt to finish.

How to Take off Step One

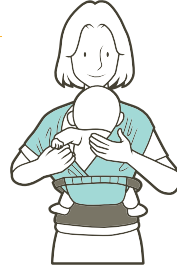
How to Properly Take off II

1



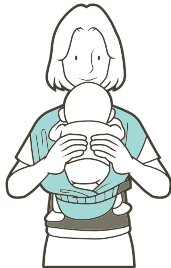
Support the child with one hand and loosen the webbing strap with the other hand. (Same for the other side)

2



Take the two arms of the child out of the loosened fabric.

3



Support the baby's armpits with two hands and take the baby out from the baby carrier.

4



Take the baby carrier off from behind the head as if taking off a t-shirt.

5



Rotate the waist belt 180 degrees to place the waist belt in the front.

6



Unhook the waist belt to finish.

Tip

Tips for Wearing Step One

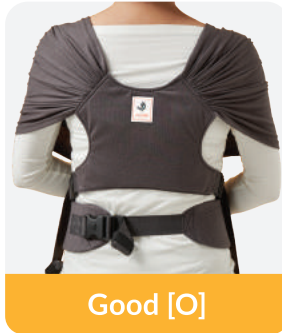


01 Waist Belt Position



- !** If the baby is younger than 50 days old, wear the waist belt higher than the belly button line of the user. If the baby is older than 50 days old, let the upper end of the waist belt pass the wearer's belly button line.
(The comfortable position may be different according to the posture of the baby and the user.)

02 Location of the Back Plate



- !** The back plate must be located at the lower center of the back. If the back plate is pulled down by using the webbing strap, the plate will move to the center of the back. Stretch the shoulder fabric of the two sides down as much as possible.

03 How to Tidy the Webbing Straps



After adjusting the length, roll up the webbing straps.



Grab the rubber bands at the side of the webbing straps.



Turn the rubber band over to wrap the rolled up webbing straps.



Tidied webbing straps.

Information

Information for Comfortable Wear



- + Before wearing the product, ensure that there is no problem with the Step One.
- + Step One has been KC safety certified up to 20kg. But we recommend use for babies who weight between 4kg and 13kg.
- + You cannot carry your baby on your back using the Step One.
- + Carry babies facing forward when they are able to support their necks fully.
- + Ensure that the baby does not fall asleep facing forward.
- + Expose the baby's face outside of the carrier to prevent suffocation.
- + Support the baby with one hand at all times to prevent falls.
- + The baby's weight will not be dispersed effectively if the waist belt is worn loosely. Wear the belt tightly.
- + If you are not familiar with the baby wrap carrying position, you can always refer to the manual instruction usage.
- + Step One is a baby carrier made with three layers of fabric. The Step One cross design that help to support baby's weight. The fabric can be stretched as much as possible to support the baby's hips.

Cautions

Cautions in Washing



- + The color may wash out from dark-colored products at first. Wash in separation from other products.
- + Do not leave dipped in water for prolonged periods of time.
Hand-wash with neutral detergent in cold water.
- + If alkali substances are contained in baby product detergents, they may cause discoloration and change of color.
- + Never boil.
- + When using washing machines, place the product into washing net and wash in wool cycle or other weaker cycles.
- + Do not wash in high-temperature washing, drying, or baby product washing cycle when using a washing machine.
- + When drying, avoid direct sunlight and dry stretch in well-ventilated shade.
- + Do not dry with a Dryer.



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