



Host a Ramadan Event for Children: A KitaabWorld and MALA collaboration

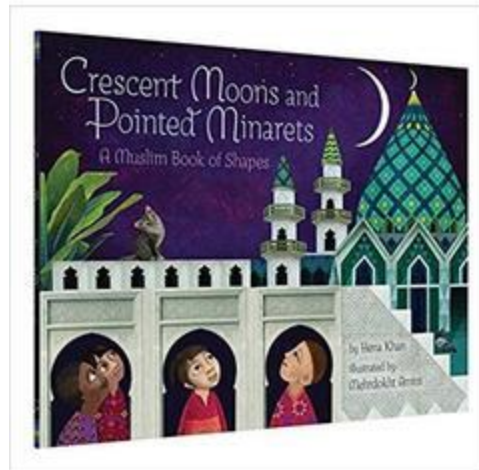
Ramadan, the ninth month of the Islamic lunar calendar, is a period of fasting, spiritual reflection and mindfulness that commemorates the revelation of the Holy Quran. Muslims observe their fasts by not eating or drinking anything from sunrise to sunset. The month of fasting culminates in the celebration of Eid-ul-Fitr, a day to give thanks and to celebrate with family, friends and the community.

[KitaabWorld](#) and [MALA](#) (Muslim American Leadership Alliance) have created this simple guide to help parents and educators combat Islamophobia in the classroom by providing resources to increase awareness about Ramadan within our communities.

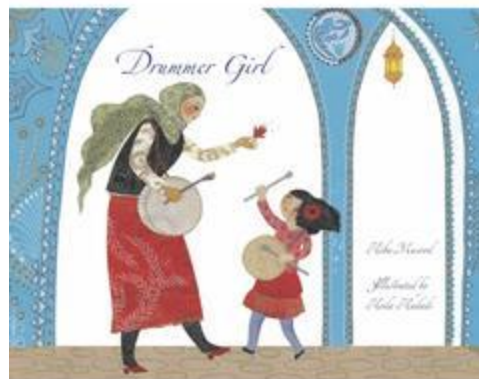


Ramadan Storybooks

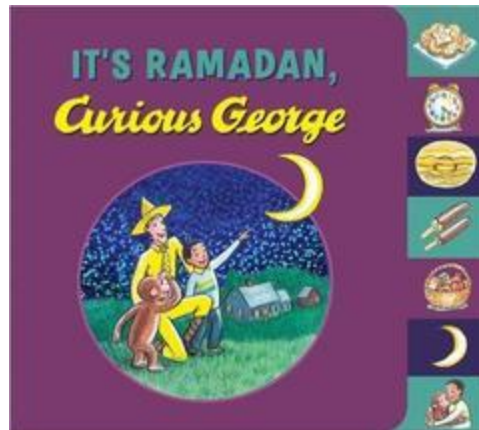
Here are some books to help you host a Ramadan story time in your community to give Muslims kids a sense of pride in their identity and traditions and share their culture with everyone.



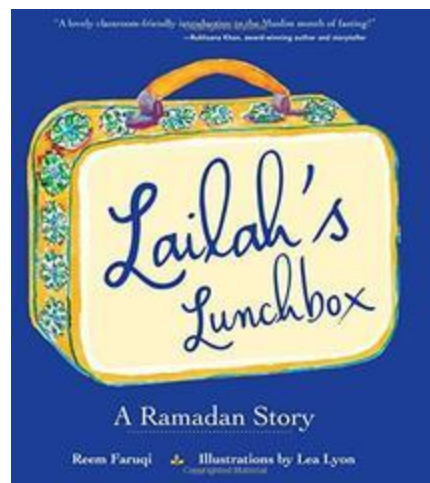
[Crescent Moons and Pointed Minarets](#): This beautifully illustrated picture book explores shapes in the world all around us. In the octagonal fountains in square gardens and ornate rectangular doors, all reflect beauty and faith.



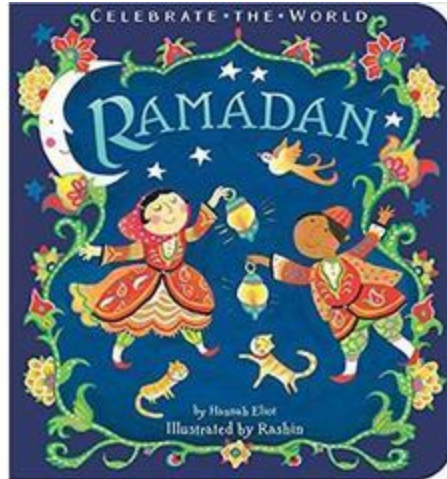
[Drummer Girl](#): Young Najma loved Ramadan and wishes to beat the drum that traditional male *musabarati* drummers use during the wake-up call for the pre-dawn meal. Will Najma's family support her decision and help her realize her long cherished dream?



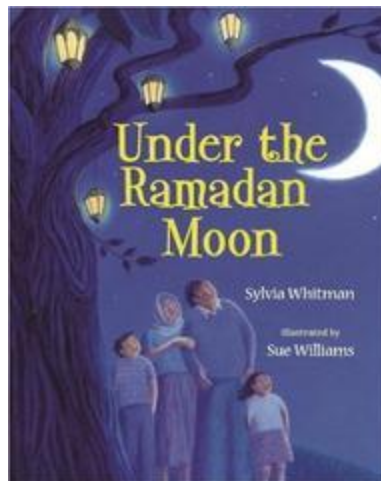
It's Ramadan, Curious George: Join Curious George as he learns about fasting, sharing special treats and helping the needy all during his first fast in Ramadan!



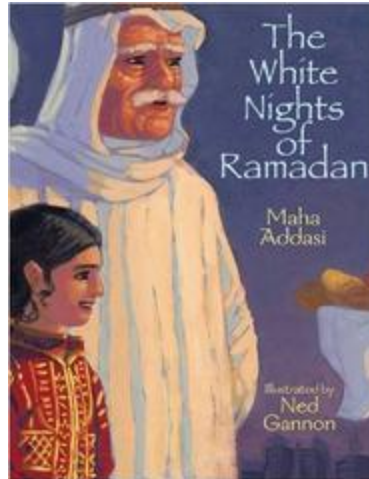
Lailah's Lunchbox: Finally able to participate in the Ramadan fasts, Lailah is excited yet anxious. How will she explain Ramadan to her friends at school and more importantly, survive lunch time?



Ramadan (Celebrate the World): A new board-book series that highlights celebrations from Ramadan traditions from around the world in lively illustrations.



Under the Ramadan Moon: This story will have your kids reciting the lyrical verses about all the aspects of Ramadan in no time! A wonderful introduction to fasting, giving, spiritual growth with an eye at the window to wait and watch the Ramadan moon.

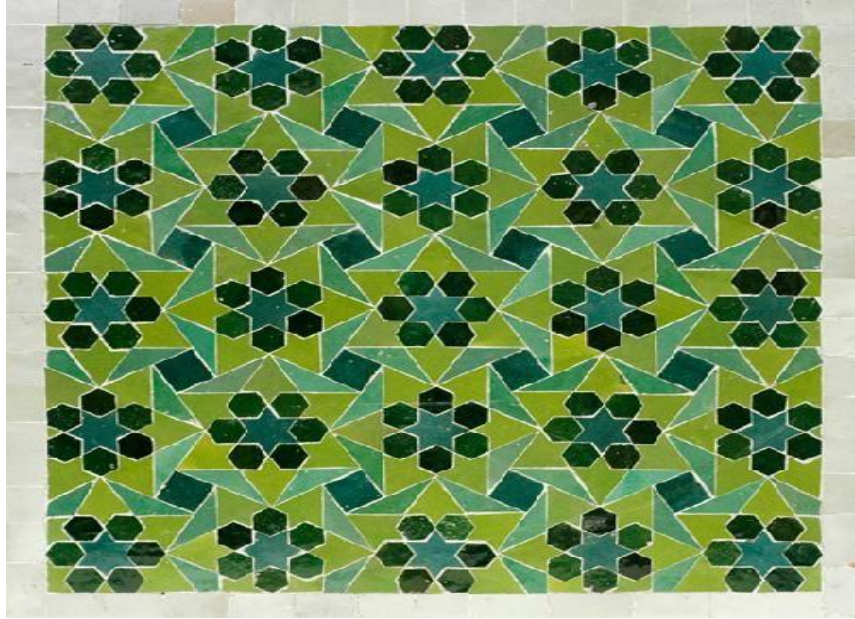


The White Nights of Ramadan: A tale about Ramadan from the desert lands of Kuwait where the three middle days of Ramadan are called “The three whites”. Noor along with other children collects treats and learns the true meaning of the holiday.

See more books from [KitaabWorld's books to celebrate Ramadan list here.](#)

Ramadan Art and Craft Activities

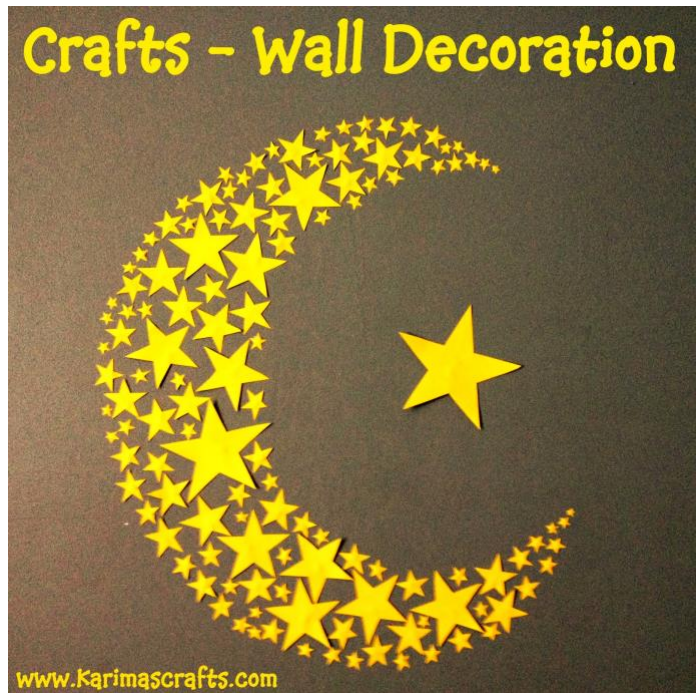
Here are some simple art and craft activities for a hands-on experience at story time:



[Mosaic Paint Chip Art Project](#)



[Ramadan Paper Lanterns](#)



[Crescent Moon and Star Wall Decor](#)



[Eid Party Cracker](#)

Food Activity Ideas

Here are some food activity ideas that pair well for a Ramadan story time. Be mindful that there could be some children who are fasting, so please plan accordingly.



[Fruit Kebob](#)



[Ramadan and Eid Cookies](#)

Suggested format for an hour-long story time with activities

- **Introduction:** Begin with a short introduction about Ramadan and fasting (5-7 minutes)
- **Story Time:** Read 2-3 story books depending on the age-group. Keep enough time for questions and discussions around unfamiliar words and traditions (15-20 minutes)
- **Art Activity:** Chose an art activity that appeals to the age-group (20-25 minutes)
- **Food Activity:** End with a food activity. Depending on the age-group and to shorten the time, you can have children only assemble the fruit kebobs or decorate the cookies. (10-15 minutes)

If you have any questions, or require further assistance please email us at contact@kitaabworld.com. We'd be happy to help!