

me has an

(thumb pointing to chest)



my has a

(open palm on chest)





## Teaching Tips: Me & My

- "My has a Y and Me has an E."
- The hand motion for My is the palm against the chest with thumb and pointer finger making the Y, while the motion for Me is right hand in fist with thumb pointing to chest. The fist will make the lowercase e.
- To remember how to spell My, have the child lay their palm on the paper as in the picture to the right, then write the two letters as shown.
- When learning My, tell the children that when they hear an "l" sound at the end of a short word, it is always the Y creeping in to steal the show. Show words like fly, cry, my, by, sly, dry. When words end with what sounds like an E, it is also the Y sneaking in, but these words are more than one syllable. E-mi-ly, si-lly, crabb-y, snott-y, etc. Of course, ME does not follow this rule!



My has a y



Me has an e