

A tactile hint for distinguishing between lowercase B and D:

Many children struggle to remember which direction certain letters and numbers face. Telling the difference between lowercase “b” and “d” is a really common bug-a-boo. For those children who are active and do well with tactile activities, share with them that they can make fists out of both hands, then stick both thumbs sky-ward. Once their knuckles are together, they have successfully “made the bed.” The thumb on the left is the headboard and the one on the right is the footboard. The rest of the fingers with knuckles touching are mattress and boxsprings.

So if they are stuck, they can quickly make a bed with their hands and because BED starts with a B and ends with a D, their left hand shows them which direction “b” faces, and their right hand shows them the direction “d” faces.

