

## ALL DAY MENU

PLEASE ORDER AND PAY AT COUNTER

BANANA BREAD <i>toasted &amp; served w/ butter</i> <i>* GF Option</i>	8 10
SOURDOUGH FRUIT LOAF <i>toasted &amp; served w/ butter &amp; jam</i> <i>* GF Option</i>	8.5 11.5
SOURGHDOUGH TOAST <i>vegemite / peanut butter / honey / jam / nutella / cinnamon sugar</i> <i>gluten free option +2</i>	8.5
GRANOLA (GF) <i>Farmer Jo paleo granola + greek yoghurt + poached pear + honey</i>	14
BLUEBERRY BAGEL <i>toasted &amp; served w/ cream cheese + triple berry jam</i>	10
SMOKED SALMON BAGEL <i>toasted &amp; served w/ cream cheese + spinach + fresh lemon</i>	15.5
HONEY RICOTTA CRUMPETS <i>local handmade crumpets served w/ cinnamon ricotta,</i> <i>walnuts, honey + fresh fruit</i>	16
AVO ON TOAST <i>OG: 2 slices served w/ avo + fresh lemon</i> <i>FETA: 2 slices served w/ avo + creamy danish feta, Pukara Estate dukkah + fresh lemon</i> <i>MEX: 2 slices served w/ avo + Tasteology guacamole seasoning, pickled jalapenos + fresh lime</i> <i>gluten free option +2</i>	14 16 16
HAM & CHEESE CROISSANT <i>toasted croissant w/ double smoked leg ham + swiss cheese</i>	9
PUMPKIN TOASTIE (V) <i>roasted pumpkin + rocket + swiss cheese + pesto</i>	13
HAM & CHEESE TOASTIE <i>double smoked leg ham + swiss cheese + seeded mustard</i>	13
CHICKEN TOASTIE <i>chicken breast + swiss cheese + mayo + tomato relish</i>  <i>gluten free option +2</i>	14
MORROCCAN SWEET POTATO COUS COUS SALAD (VE) <i>served w/ spinach + hummous + fresh lemon</i>	12
MEXICAN QUINOA & BEAN SALAD (GF/V) <i>served w/ avo + spinach + sour cream + fresh lime</i>	14
TORTELLINI PESTO PUMPKIN SALAD (V) <i>served w/ fetta + spinach + fresh lemon</i>	14
ADD CHICKEN	4
ADD SMOKED SALMON	5
ADD AVO	4

## COFFEE

WHITE OR BLACK	4.5 / 5.5
PICCOLO / MACCHIATO	4
BATCH BREW	5
HOT CHOC / CHAI LATTE	4.5 / 5.5
MOCHA / DIRTY CHAI	5 / 6
<i>extra shot / decaf</i> <i>milk alt: soy / oat/ lactose free / almond</i>	1 / 0.5 0.7 / 1
ICED LATTE / ICED CHOC / ICED CHAI <i>served on milk + ice</i>	5.5
ICED MOCHA / ICED DIRTY CHAI <i>served on milk + ice</i>	6
ICED COFFEE / ICED CHOC / ICED CHAI <i>served on milk + gelato</i>	8.5
ESPRESSO THICKSHAKE <i>double espresso blended with 3 scoops of vanilla gelato + milk</i>	10.5
AFFOGATO <i>double espresso served with vanilla bean gelato</i>	7.5
ICED BATCH BREW	5
ICED LONG BLACK	5.5
COLD BREW	6.5
TEA <i>english breakfast / earl grey / peppermint / green / lemon &amp; ginger</i>	5.5
CHAI TEA <i>brewed on your choice of milk &amp; served with honey</i>	6.5
MATCHA TEA <i>brewed on your choice of milk &amp; served with honey</i>	6.5
HRVST JUICE <i>Endless Summer (lemon + pineapple + cayenne pepper)</i> <i>Little Green (pear + cucumber + kale + lemon + ginger)</i> <i>Ruby Tuesday (pear + watermelon + apple + rhubarb + lime)</i> <i>Orange Sky (orange + pineapple + lemon + tumeric)</i> <i>Cloudy Apple (all aussie apples)</i> <i>Original Orange (Valencia oranges)</i>	5
STRANGE LOVE <i>Double Ginger / Lemon Squash</i>	4.5
GOOD HAPPY KOMBUCHA <i>Berry Schisandra / Ginger Turmeric</i>	7

Drinks continue over page...

## DRINKS CONTINUED...

### SMOOTHIES

11

BANANA *Banana / peanut butter / honey / chia seeds / your choice of milk*

PINE LIME COCONUT *Pineapple / coconut milk / lime / mango / coconut water*

SUPER GREEN *Celery / cucumber / spinach / banana / mango / mint / coconut water*

### SHAKES & GELATO

*Gelato flavours vary - please see display for flavours*

*All gelato made locally in Newcastle by 'The Hood'*

SHAKE *Chocolate / Salted Caramel / Vanilla / Strawberry*  
*add malt*

6/9

0.5

1 SCOOP GELATO *cup or cone*

5

2 SCOOPS GELATO *cup or cone*

7.5

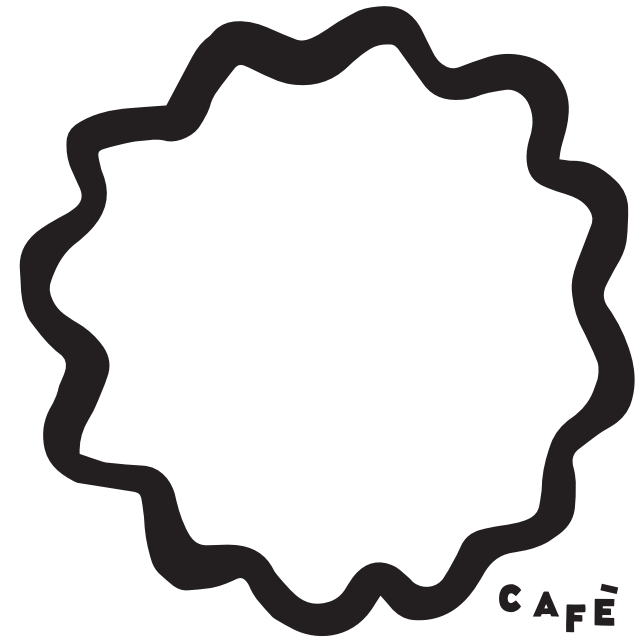
SUNDAE *Gelato / Whipped Cream / Choc or Raspberry Sauce / Sprinkles*

1 SCOOP GELATO

7

2 SCOOPS GELATO

9.5



**CAFÉ MENU.**

**ALL DAY.  
EVERY DAY.  
HAPPY DAYS.**

WIFI PASSWORD: RINGMASTER

PLEASE NOTE 10% SURCHARGE APPLIES ON WEEKENDS  
& 15% SURCHARGE APPLIES ON PUBLIC HOLIDAYS