



## The Official 365 Day Reading Plan for *The Catechism in a Year (with Fr. Mike Schmitz)*

Welcome to *The Catechism in a Year* reading plan used in Ascension’s podcast: *The Catechism in a Year (with Fr. Mike Schmitz)*!

In 365 days, Fr. Mike Schmitz will read the entire *Catechism of the Catholic Church*, providing explanation, insight, and encouragement along the way. Find out more about *The Catechism in a Year (with Fr. Mike Schmitz)* and how to listen at [ascensionpress.com/ciy](http://ascensionpress.com/ciy).

### About the Catechism

The *Catechism of the Catholic Church*, compiled in 1992 at the request of Pope Saint John Paul II, presents the essential beliefs of the Catholic Faith, how those beliefs fit together, and why they matter today. Like a blueprint, the *Catechism* reveals the foundation and structure of the Church that over 1 billion Catholics across the world call home. The *Catechism* proposes answers to the most profound questions of life—where did I come from, what is my purpose, and where am I going?

### The Foundations of Faith Approach

The *Catechism* contains 2,865 numbered paragraphs (*CCC* #'s) organized into four parts (often called “pillars”). Ascension’s *Foundations of Faith* learning system assigns each part of the *Catechism* a color to help readers keep track of all the teachings that make up a pillar. These colors reveal the organization and logic behind the teachings within each part.

Those colors are:

Teal	Part One: The Profession of Faith (What We Believe)
Red	Part Two: The Celebration of the Christian Mystery (How We Worship)
Green	Part Three: Life in Christ (How We Live)
Purple	Part Four: Christian Prayer (How We Pray)

### About the Reading Plan

The reading plan for Ascension’s *Catechism in a Year* podcast follows the carefully laid out structure of the *Catechism of the Catholic Church*. The plan includes the color-coding and user-friendly naming conventions of Ascension’s *Foundations of Faith* approach to help listeners easily grasp this structure and understand where they are in relation to the text as a whole.

## How to Use the Reading Plan

On the left side of the reading plan, you'll find each day's episode numbers, (1-365). In the podcast's daily episodes, Fr. Mike will read a sequence of *Catechism* paragraphs (CCC paragraph numbers), which can be found in the furthest right column of the reading plan.

The three colored columns in the middle of the reading plan are intended to help listeners see where they are in their journey through the *Catechism* according to the part (darkest shade of a color group), section (lighter shade of the color group), and chapter (lightest shade of the color group). A movement to a new color group signifies a movement into a new part of the *Catechism*.

Throughout the year, there will be four special introductory episodes featuring special guests who will join Fr. Mike in introducing the four parts of the *Catechism*. These introductory episodes are included in the 365-day count.

Thank you for joining us on this journey! We can't wait to get started!

Day	Part	Section	Chapter	Catechism Paragraphs
<input type="checkbox"/> 1		Prologue		1-10
<input type="checkbox"/> 2				11-25
<input type="checkbox"/> 3	Introduction to Part 1			
<input type="checkbox"/> 4	WHAT WE BELIEVE Part One	DIVINE REVELATION Section One	THE SEARCH <i>Chapter One</i>	26-35
<input type="checkbox"/> 5				36-43
<input type="checkbox"/> 6				44-49
<input type="checkbox"/> 7				50-58
<input type="checkbox"/> 8				59-64
<input type="checkbox"/> 9				65-73
<input type="checkbox"/> 10				74-79
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<input type="checkbox"/> 19				134-141
<input type="checkbox"/> 20				142-149
<input type="checkbox"/> 21				150-155
<input type="checkbox"/> 22				156-162
<input type="checkbox"/> 23				163-169
<input type="checkbox"/> 24		170-175		
<input type="checkbox"/> 25		176-184		
<input type="checkbox"/> 26		THE CREED	The Credo; 185-192	
<input type="checkbox"/> 27		Section Two	193-197	

Day		Part	Section	Chapter	Catechism Paragraphs
<input type="checkbox"/>	28	<b>WHAT WE BELIEVE</b> <i>Part One</i>	<b>THE CREED</b> <i>Section Two</i>	<b>THE FATHER</b> <i>Chapter One</i>	198-204
<input type="checkbox"/>	29				205-211
<input type="checkbox"/>	30				212-221
<input type="checkbox"/>	31				222-231
<input type="checkbox"/>	32				232-237
<input type="checkbox"/>	33				238-242
<input type="checkbox"/>	34				243-248
<input type="checkbox"/>	35				249-252
<input type="checkbox"/>	36				253-256
<input type="checkbox"/>	37				257-260
<input type="checkbox"/>	38				261-267
<input type="checkbox"/>	39				268-278
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<input type="checkbox"/>	43				299-308
<input type="checkbox"/>	44				309-314
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<input type="checkbox"/>	49				344-354
<input type="checkbox"/>	50				355-361
<input type="checkbox"/>	51				362-368
<input type="checkbox"/>	52				369-373
<input type="checkbox"/>	53				374-384
<input type="checkbox"/>	54				385-390
<input type="checkbox"/>	55				391-395
<input type="checkbox"/>	56				396-401
<input type="checkbox"/>	57				402-406
<input type="checkbox"/>	58			407-412	
<input type="checkbox"/>	59			413-421	
<input type="checkbox"/>	60			<b>THE SON</b> <i>Chapter Two</i>	422-429
<input type="checkbox"/>	61				430-435

Day	Part	Section	Chapter	Catechism Paragraphs
<input type="checkbox"/> 62	<b>WHAT WE BELIEVE</b> <i>Part One</i>	<b>THE CREED</b> <i>Section Two</i>	<b>THE SON</b> <i>Chapter Two</i>	436-440
<input type="checkbox"/> 63				441-445
<input type="checkbox"/> 64				446-455
<input type="checkbox"/> 65				456-463
<input type="checkbox"/> 66				464-469
<input type="checkbox"/> 67				470-474
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<input type="checkbox"/> 74				522-526
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<input type="checkbox"/> 78				547-553
<input type="checkbox"/> 79				554-560
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<input type="checkbox"/> 91	638-644			
<input type="checkbox"/> 92	645-650			
<input type="checkbox"/> 93	651-658			
<input type="checkbox"/> 94	659-667			

Day	Part	Section	Chapter	Catechism Paragraphs	
<input type="checkbox"/> 95	<b>WHAT WE BELIEVE</b> <i>Part One</i>	<b>THE CREED</b> <i>Section Two</i>	<b>THE SON</b>	668-674	
<input type="checkbox"/> 96			<i>Chapter Two</i>	675-682	
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<input type="checkbox"/> 98					689-693
<input type="checkbox"/> 99					694-701
<input type="checkbox"/> 100					702-710
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<input type="checkbox"/> 102					721-730
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<input type="checkbox"/> 105					748-752
<input type="checkbox"/> 106					753-757
<input type="checkbox"/> 107					758-766
<input type="checkbox"/> 108					767-771
<input type="checkbox"/> 109					772-780
<input type="checkbox"/> 110					781-786
<input type="checkbox"/> 111					787-791
<input type="checkbox"/> 112					<b>THE HOLY SPIRIT</b>
<input type="checkbox"/> 113					<i>Chapter Three</i>
<input type="checkbox"/> 114					792-796
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<input type="checkbox"/> 118					823-829
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<input type="checkbox"/> 121					849-856
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<input type="checkbox"/> 126			888-896		
<input type="checkbox"/> 127			897-903		
<input type="checkbox"/> 128			904-913		
			914-924		
			925-933		

Day	Part	Section	Chapter	Catechism Paragraphs	
<input type="checkbox"/>	129	<b>WHAT WE BELIEVE</b> <i>Part One</i>	<b>THE CREED</b> <i>Section Two</i>	<b>THE HOLY SPIRIT</b> <i>Chapter Three</i>	934-945
<input type="checkbox"/>	130				946-953
<input type="checkbox"/>	131				954-962
<input type="checkbox"/>	132				963-970
<input type="checkbox"/>	133				971-975
<input type="checkbox"/>	134				976-987
<input type="checkbox"/>	135				988-996
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<input type="checkbox"/>	137				1005-1011
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<input type="checkbox"/>	139				1020-1029
<input type="checkbox"/>	140				1030-1037
<input type="checkbox"/>	141				1038-1041
<input type="checkbox"/>	142				1042-1050
<input type="checkbox"/>	143				1051-1065
<input type="checkbox"/>	144	<b>Introduction to Part 2</b>			
<input type="checkbox"/>	145	<b>HOW WE WORSHIP</b> <i>Part Two</i>	<b>THE LITURGY</b> <i>Section One</i>	<b>THE MYSTERY</b> <i>Chapter One</i>	1066-1075
<input type="checkbox"/>	146				1076-1083
<input type="checkbox"/>	147				1084-1090
<input type="checkbox"/>	148				1091-1098
<input type="checkbox"/>	149				1099-1103
<input type="checkbox"/>	150				1104-1112
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<input type="checkbox"/>	152			1122-1126	
<input type="checkbox"/>	153			1127-1129	
<input type="checkbox"/>	154			1130-1134	
<input type="checkbox"/>	155			<b>THE CELEBRATION</b> <i>Chapter Two</i>	1135-1144
<input type="checkbox"/>	156				1145-1152
<input type="checkbox"/>	157				1153-1158
<input type="checkbox"/>	158				1159-1162
<input type="checkbox"/>	159				1163-1167
<input type="checkbox"/>	160				1168-1173
<input type="checkbox"/>	161				1174-1178

Day	Part	Section	Chapter	Catechism Paragraphs
<input type="checkbox"/>	162	THE LITURGY <i>Section One</i>	THE CELEBRATION <i>Chapter Two</i>	1179-1186
<input type="checkbox"/>	163			1187-1199
<input type="checkbox"/>	164			1200-1203
<input type="checkbox"/>	165			1204-1209
<input type="checkbox"/>	166	THE SACRAMENTS <i>Section Two</i>	INITIATION <i>Chapter One</i>	1210-1222
<input type="checkbox"/>	167			1223-1228
<input type="checkbox"/>	168			1229-1233
<input type="checkbox"/>	169			1234-1245
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<input type="checkbox"/>	171			1253-1261
<input type="checkbox"/>	172			1262-1266
<input type="checkbox"/>	173			1267-1274
<input type="checkbox"/>	174			1275-1284
<input type="checkbox"/>	175			1285-1289
<input type="checkbox"/>	176			1290-1296
<input type="checkbox"/>	177			1297-1305
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<input type="checkbox"/>	181			1328-1332
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<input type="checkbox"/>	192	1396-1401		
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<input type="checkbox"/>	194	1406-1419		



Day	Part	Section	Chapter	Catechism Paragraphs		
<input type="checkbox"/>	195	HOW WE WORSHIP <i>Part Two</i>	THE SACRAMENTS <i>Section Two</i>	1420-1426		
<input type="checkbox"/>	196			1427-1433		
<input type="checkbox"/>	197			1434-1439		
<input type="checkbox"/>	198			1440-1445		
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<input type="checkbox"/>	200			1455-1460		
<input type="checkbox"/>	201			1461-1467		
<input type="checkbox"/>	202			HEALING <i>Chapter Two</i>	1468-1473	
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<input type="checkbox"/>	204				1485-1498	
<input type="checkbox"/>	205				1499-1505	
<input type="checkbox"/>	206				1506-1513	
<input type="checkbox"/>	207				1514-1519	
<input type="checkbox"/>	208				1520-1525	
<input type="checkbox"/>	209				1526-1532	
<input type="checkbox"/>	210				SERVICE <i>Chapter Three</i>	1533-1538
<input type="checkbox"/>	211					1539-1545
<input type="checkbox"/>	212					1546-1553
<input type="checkbox"/>	213					1554-1561
<input type="checkbox"/>	214			1562-1568		
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<input type="checkbox"/>	226	1652-1658				
<input type="checkbox"/>	227	1659-1666				
<input type="checkbox"/>	228	OTHER <i>Chapter Four</i>	1667-1679			
<input type="checkbox"/>	229		1680-1690			

Day	Part	Section	Chapter	Catechism Paragraphs	
<input type="checkbox"/>	230	Introduction to Part 3			
<input type="checkbox"/>	231	HOW WE LIVE Part Three	OUR CALLING Section One	1691-1698	
<input type="checkbox"/>	232			1699-1715	
<input type="checkbox"/>	233			1716-1729	
<input type="checkbox"/>	234			1730-1738	
<input type="checkbox"/>	235			1739-1748	
<input type="checkbox"/>	236			1749-1761	
<input type="checkbox"/>	237			1762-1775	
<input type="checkbox"/>	238			1776-1782	
<input type="checkbox"/>	239			HUMAN DIGNITY Chapter One	1783-1789
<input type="checkbox"/>	240			1790-1802	
<input type="checkbox"/>	241			1803-1811	
<input type="checkbox"/>	242			1812-1816	
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<input type="checkbox"/>	246			1846-1853	
<input type="checkbox"/>	247			1854-1864	
<input type="checkbox"/>	248			1865-1876	
<input type="checkbox"/>	249			COMMUNITY Chapter Two	1877-1885
<input type="checkbox"/>	250				1886-1896
<input type="checkbox"/>	251				1897-1904
<input type="checkbox"/>	252				1905-1912
<input type="checkbox"/>	253				1913-1927
<input type="checkbox"/>	254				1928-1938
<input type="checkbox"/>	255				1939-1948
<input type="checkbox"/>	256				SALVATION Chapter Three
<input type="checkbox"/>	257			1961-1964	
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<input type="checkbox"/>	259	1970-1974			
<input type="checkbox"/>	260	1975-1986			
<input type="checkbox"/>	261	1987-1995			
<input type="checkbox"/>	262	1996-2001			
<input type="checkbox"/>	263	2002-2005			

Day		Part	Section	Chapter	Catechism Paragraphs
<input type="checkbox"/>	264	HOW WE LIVE <i>Part Three</i>	OUR CALLING <i>Section One</i>	SALVATION <i>Chapter Three</i>	2006-2011
<input type="checkbox"/>	265				2012-2016
<input type="checkbox"/>	266				2017-2029
<input type="checkbox"/>	267				2030-2036
<input type="checkbox"/>	268				2037-2043
<input type="checkbox"/>	269				2044-2051
<input type="checkbox"/>	270		THE COMMANDMENTS <i>Section Two</i>	LOVE OF GOD <i>Chapter One</i>	10 Com; 2052-2063
<input type="checkbox"/>	271				2064-2082
<input type="checkbox"/>	272				2083-2094
<input type="checkbox"/>	273				2095-2103
<input type="checkbox"/>	274				2104-2109
<input type="checkbox"/>	275				2110-2117
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<input type="checkbox"/>	282				2177-2183
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<input type="checkbox"/>	284			LOVE OF NEIGHBOR <i>Chapter Two</i>	2196-2200
<input type="checkbox"/>	285				2201-2206
<input type="checkbox"/>	286				2207-2213
<input type="checkbox"/>	287				2214-2220
<input type="checkbox"/>	288				2221-2231
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Day		Part	Section	Chapter	Catechism Paragraphs
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<input type="checkbox"/>	300				2292-2301
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<input type="checkbox"/>	329	HOW WE PRAY <i>Part Four</i>	PRAYER  <i>Section One</i>	SCRIPTURE  <i>Chapter One</i>	2558-2565
<input type="checkbox"/>	330				2566-2573
<input type="checkbox"/>	331				2574-2580

Day	Part	Section	Chapter	Catechism Paragraphs	
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<input type="checkbox"/>	344			2683-2690	
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<input type="checkbox"/>	351		2746-2751		
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