Ten Commandments

For Good Group Discussion

- 1. Work to build trust and intimacy within your group.
- 2. Get to the heart of the issue; don't simply skim the surface.
- 3. Give everyone in your group a chance to talk.
- **4.** When you share, try to connect your thoughts to the previous speaker. Build bridges.
- 5. When someone is speaking, everyone else must be listening.
- 6. Never ridicule or cut down another person's answers.
- 7. When you disagree, do so with respect and charity.
- 8. Do not fear silence.
- 9. Allow others the opportunity to express their answers before you respond.
- 10. Enjoy yourself!

