Quarentine Carrot Cake



TIME TO PREPARE

15 minutes



BAKE TIME

35 - 45 minutes



8-10



Ingredients

- 1 1/2 cups regular or gluten-free all purpose flour*
- 1/2 cup white sugar
- 1/2 cup brown sugar (the darker the better)
- 2 tbsp ground flaxseed, optional
- 2 tbsp hemp seeds, optional
- 1 tsp baking powder
- 1 tsp baking soda
- 1 tsp cinnamon
- 1/2 tsp salt
- 2/3 cup vegetable oil
- 2 eggs
- 1 carrot, finely shredded
- 1/2 cup crushed pineapple (with juice)
- 1 tsp vanilla
- 1/2 cup unsweetened coconut, optional

Steps to Cook

- 1. Grease and lightly flour a 9 x 9 inch baking pan. Preheat oven to 350 F.
- 2. In a <u>large mixing bowl</u>, combine flour, white and brown sugar, flax and hemp seeds (if using) baking powder, baking soda, cinnamon and salt.
- 3. Add oil, eggs, carrots, pineapple and vanilla. Stir with a wooden spoon or Danish dough whisk well for 2 minutes until well blended. If using coconut, walnuts and raisins, stir them in until well combined.
- 4. Pour into prepared pan. Bake in oven for 35 to 45 minutes until golden brown, <u>cake tester</u> or toothpick comes out clean when inserted into the centre of the pan. Sides of cake should also easily pull away from sides of pan too.
- 5. Remove from oven and place on a cooling rack. Cool completely before frosting.
- 6. Frosting: In a bowl with a wooden spoon, blend together cream cheese, vanilla and milk.
- Gradually add sugar and blend about <u>1/2 cup</u> at a time until smooth. Spread evenly with a knife over the top of cake.



- 1/2 cup walnuts or pumpkin seeds, optional
- 1/2 cup raisins, optional

Frosting:

- 1/2 cup cream cheese (regular or light), softened (half brick of cream cheese is perfect)
- 1 tsp vanilla
- 1 tbsp milk
- 2 cups icing sugar

CAKE BAKING TIPS:

- Use <u>dry measuring cups</u> when measuring dry ingredients like flour and sugar and <u>liquid measuring ups</u> when measuring liquids like milk and water.
- The darker the brown sugar, the more molasses that it contains. This will make for a slightly moister cake. If you only have white sugar, you can use 1 cup white sugar instead of 1/2 white and 1/2 brown.

