OAXACA BOWL



TIME TO PREPARE

40 Minutes



ROASTING TIME

20 - 30 Minutes





Ingredients

Sheet Pan Ingredients:

- 1/2 red onion, cut in 1/2-inch wedges
- 1 large sweet potato, washed and diced (leave skin on)
- 2 red peppers, cored and cut into thick wedges
- 2 tsp <u>Mythic Mole</u> seasoning blend or see Quick Cheats at end of recipe

Seasoned Black Beans

- 1 can (19 oz/540 mL) black beans, drained and rinsed
- 1 bay leaf

Quick Cabbage Slaw

- 1/4 red cabbage shredded
- 1 tbsp olive oil
- 1/4 cup chopped green onions
- 1 tsp ground dry coriander
- Kosher salt
- 1 tbsp lime juice
- GARNISHES: Sliced avocado, chopped cilantro, chopped

Steps to Make

- 1. Preheat oven to 400 F.
- Roasted Vegetables: Line a sheet pan with parchment paper. Place red onion, sweet potatoes and red peppers on sheet pan; drizzle with a little olive oil and sprinkle with 2 tsp <u>Mythic Mole</u> spice blend. Toss to coat evenly. Bake in preheated oven for 20 to 30 minutes or until vegetables are tender.
- Seasoned Black Beans: Place black beans in a small saucepan with 1 cup water and bay leaf; bring to a boil, reduce heat and simmer until most of the water has evaporated, about 10 minutes.
- 4. **Cabbage Slaw:** In a bowl, combine shredded cabbage, olive oil, green onions, coriander and lime juice. Toss to combine, taste and add more lime juice and salt if necessary. Let stand to soften.
- 5. **Garnishes:** Slice avocado and prepare remaining garnishes. Toasted pecans are a must!
- 6. **Mole Mayonnaise:** In a bowl combine mayonnaise, lime juice, salt, Mythic Mole seasoning blend; stir to combine and set aside.
- 7. **To Assemble:** To a large four cereal bowl, place seasoned black beans, roasted vegetables, cabbage slaw, sliced avocado, cilantro, green onions and



green onions, <u>Everything Bagel</u>
<u>Seasoning Mix</u>, 1/2 cup
toasted pecans

Mole Mayonnaise (See Quick Cheats at end of recipe)

- 1/2 cup mayonnaise or vegannaise
- Juice of 1 lime
- 1/8 tsp salt
- 1 tsp <u>Mythic Mole</u> seasoning blend

toasted pecans. Sprinkle with <u>Everything Bagel Mix</u>. Add a dollop of Mole Mayonnaise on top. Enjoy!

QUICK CHEATS:

- 1. To replace Mythic Mole Seasoning, blend 2 tsp ground cumin + 1 tsp chipotle powder + ½ tsp kosher
- 2. Replace Mole Mayonnaise with prepared Sriracha Mayonnaise (or blend 2 tsp 1 tbsp sriracha sauce with $\frac{1}{2}$ cup mayonnaise)

