

5-INGREDIENT LENTIL BOWL



TIME TO PREPARE

20 Minutes



COOK TIME

0 MINUTES



4 SERVING



Ingredients

- 3 tbsp [Za'atar spice mix](#)
- 3 tbsp canola oil
- 1/4 EACH salt and black pepper
- 1 can (19 oz/540 mL) lentils, drained and rinsed (2 cups)
- 2 avocados, peeled and sliced
- 2 cups grape tomatoes, sliced in half
- 1 cup cubed feta cheese

Steps to Make

1. In a small bowl, combine Za'atar, oil, salt and pepper; set aside.
2. Into four bowls, divide and arrange the lentils, avocado and tomatoes; sprinkle each with cheese. Drizzle each bowl with Za'atar In dressing. Serve immediately.