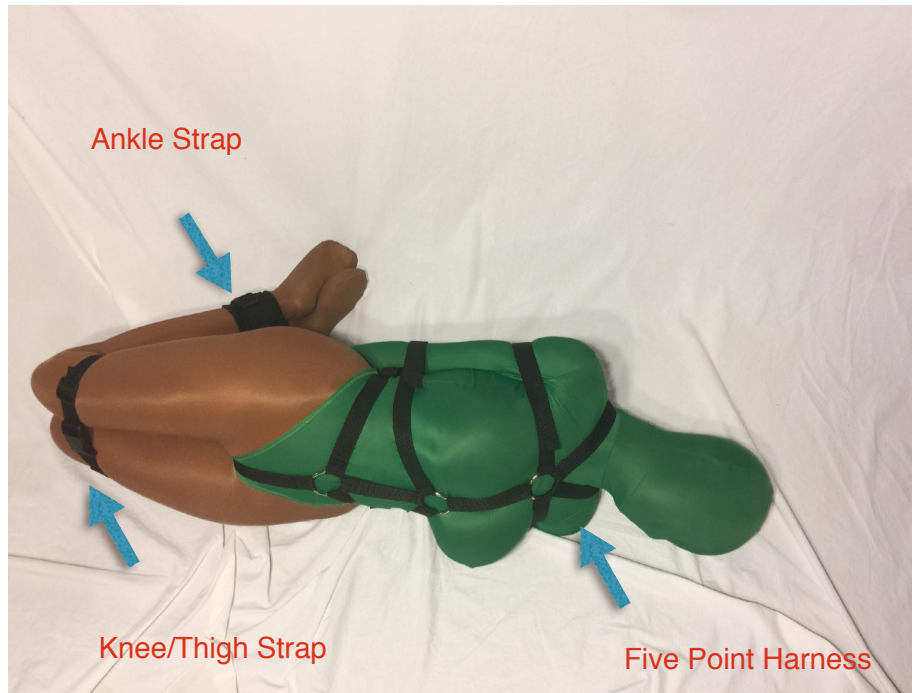


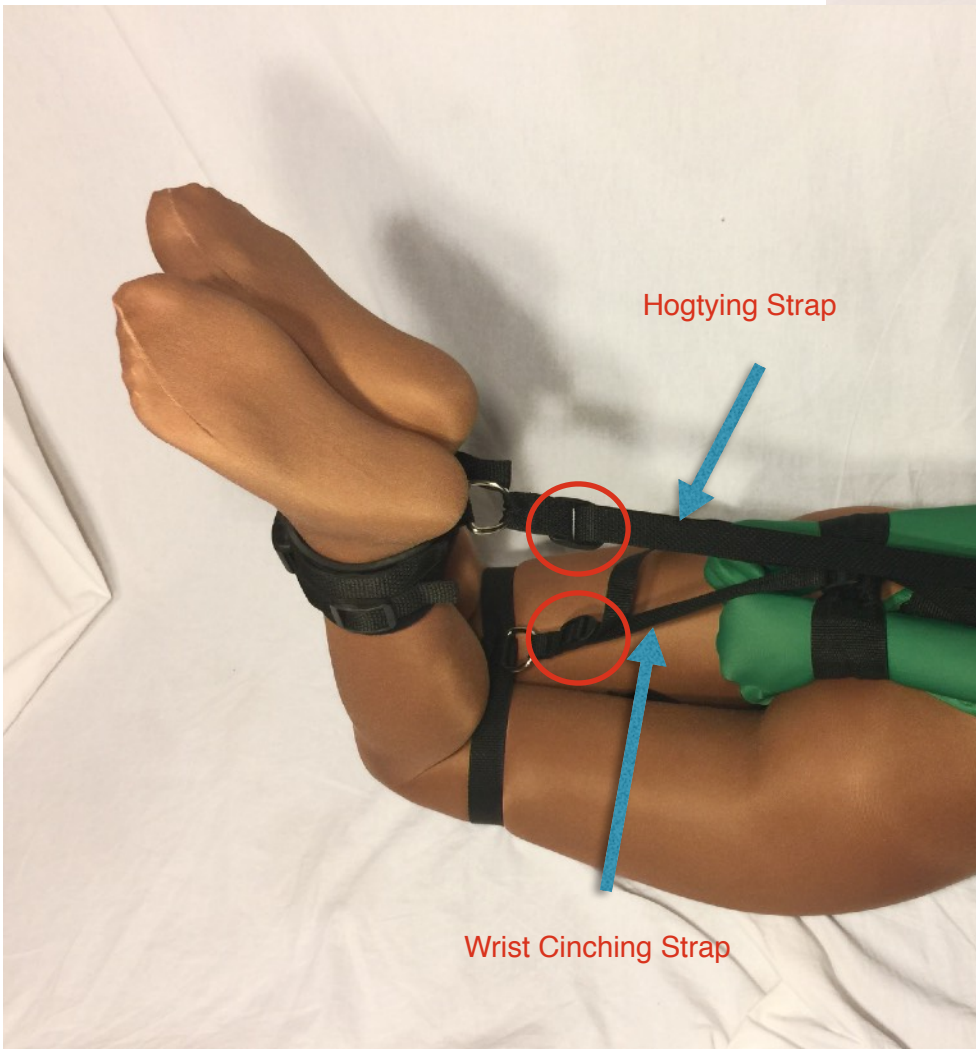
Self Bondage Hogtie System (Advanced)



This harness is composed of 4 main parts



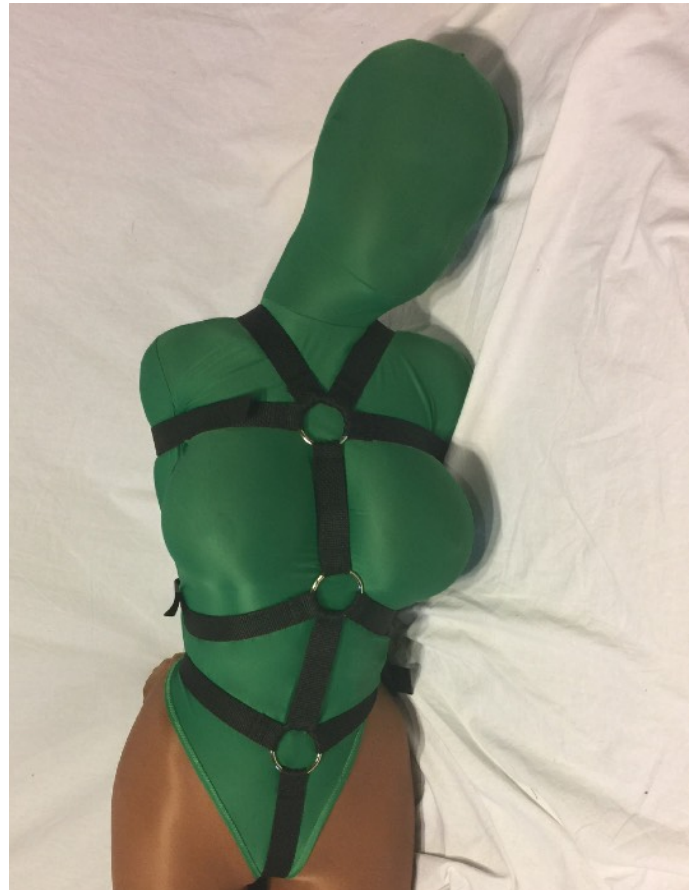
Begin by buckling on the ankle strap and the knee/thigh strap. There are tension lock buckles attached to both of these (circled in red below). You may find it useful to have the hogtying strap and wrist cinching strap already threaded through these to expedite the hogtying process.



After binding the ankles and knees, you will need to put on the five point harness. Do so by buckling the crotch strap and the lowest horizontal strap that goes around the waist.

Buckle the straps that go above and below the breasts loosely. They will have long ends that are capable of being threaded through the tension lock buckles with a lot to spare. You can tighten the straps around the shoulders by pinning the long ends of the straps in a door jamb and then tugging on them with your body.

*The picture here does not show the long ends - they were trimmed so that the picture is neater.



After you have done this, your arms will be pinned down at your sides, but your hands will still be free.

It is now time to get into the hogtie. You can see the hogtying strap and the wrist cinching strap shown here.

The hogtie strap should be pulled tight first. The hogtie strap comes off of the lower ring at the back of the harness and is threaded through the ankles strap. Pull this tight with your hands until you have pulled your ankles as close to your butt as they can go (or to whatever level of strictness you desire).



After you have tightened the hogtied strap, the last remaining restraint is the wrists. You will need to slip your hands through the wrist loop, just like the picture shown here.



The cinching strap on the wrist loop should already have been threaded through the knee strap. Tighten this strap by tugging on the hanging end. This will tighten the cinching strap on the wrist loop and tightly bind your hands together.

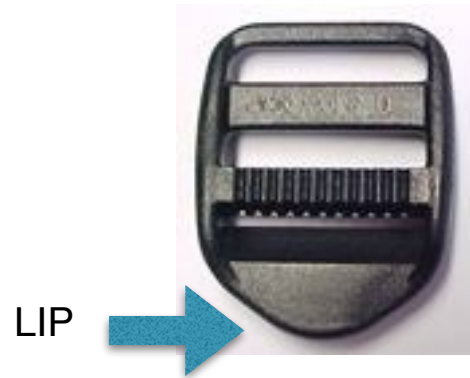
Note: The hogtie strap is not shown being used in this picture for visibility and the sake of demonstration, but it should already be in place.

WARNING: Be very careful about where you place the knee/thigh strap. If you place it too close to the joint (furthest away from the hands), you may not be able to reach the tension lock buckle to free yourself and you will be unable to release the tension on the wrist loop. It is safest to place it closer to the upper thighs, where it can be more easily reached with the fingers.

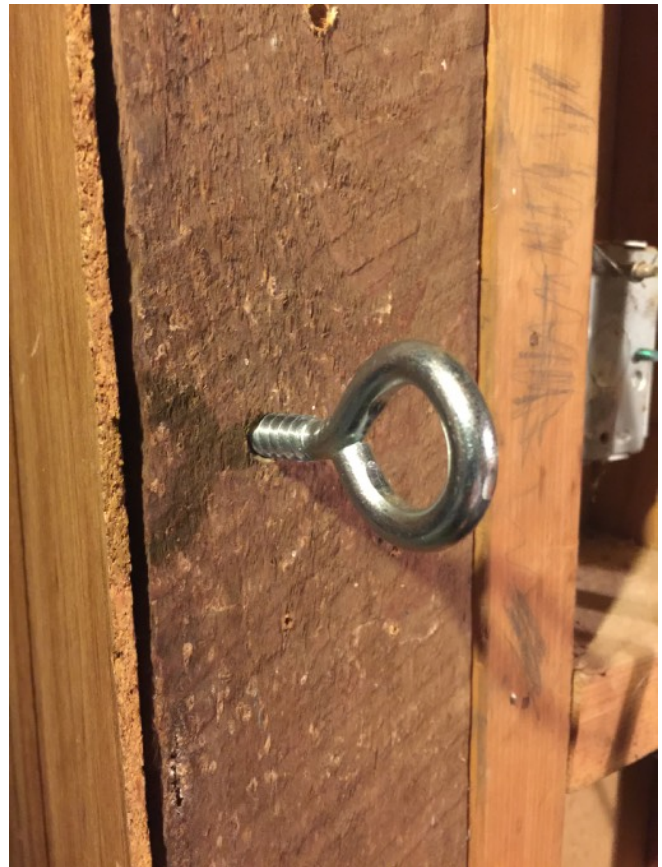
To Escape

To escape you will need to reverse the direction of the webbing for the tension locks so that the restraints can get looser. To do so you will need to flip “up” the lip of the tension lock buckles while simultaneously pulling on the strap. This is how you will loosen the wrist loop as well as the hogtie strap.

I recommend practicing with the tension lock buckles to understand how they work, and also to try out the wrist loop with the hands in front to start off.



A screw eye like the one shown here will be provided with the system. I recommend mounting it in a wall as shown to help getting out of the torso straps.



Remember to always practice self bondage with others present!