

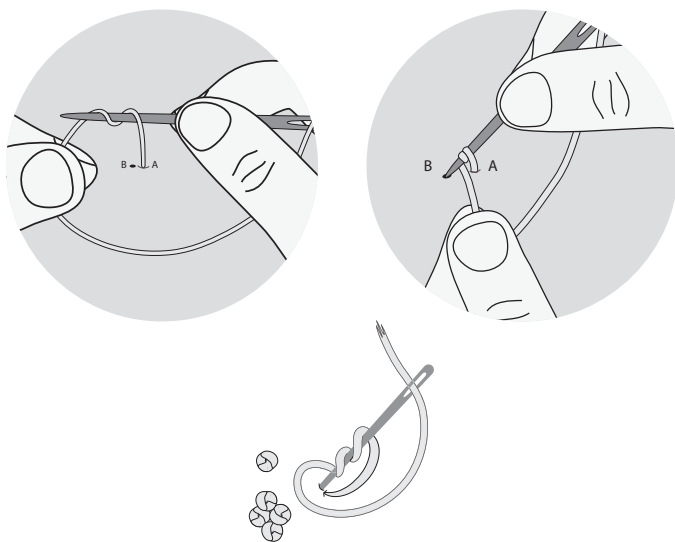
Cardinal Stitch Sampler



USE 2 STRANDS FOR PRACTICE STITCHES, EXCEPT LONG & SHORT (USE 1)

French Knot

Bring the thread out where you want to place your knot. With your left thumb and index finger pull the thread firmly to the left. Wrap the thread around the needle twice, and angle the needle close to where the thread first emerged (but not in the exact place or it will pull through) slightly piercing through the fabric. Give the thread a tug, tightening up the coil. Slide the coil down towards the fabric and, keeping the tension, pull the needle through to the back, leaving a small knot on the surface. You can make single knots or clusters of knots by placing them close together.



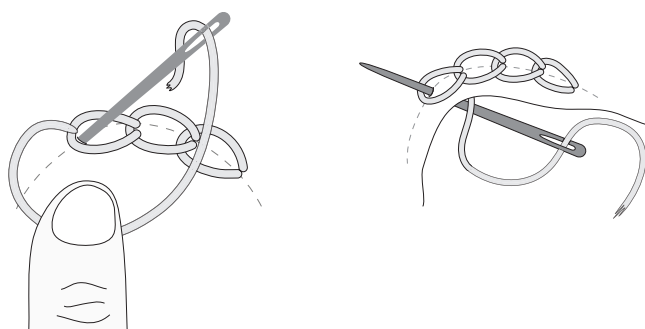
Chain Stitch

The Chain Stitch is great for lines and curves. It's very versatile, creating not only detailed outlines, but dense fills that have a beautiful texture.

To make this stitch, bring the thread through the fabric and hold down with your left thumb. Go back through the same hole, still holding down the thread, and bring the needle back through a short distance away (1/8" or less). Once the needle is through the loop you can remove your thumb and give a light tug to tighten up the chain. Repeat.

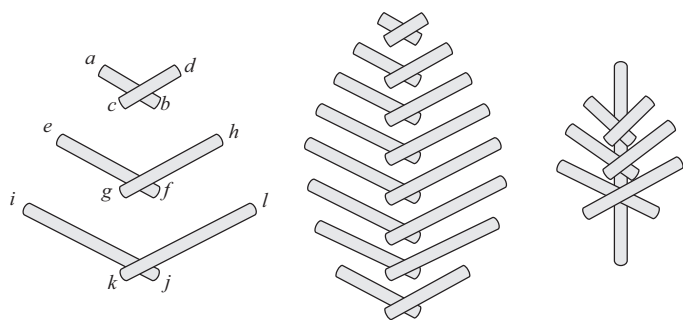
Shorten the distance between chain "links" when going around curves for an even smoother line.

To make a Lazy Daisy (a.k.a. Detached Chain Stitch), simply follow the directions for Chain Stitch, but instead of repeating each step to form a chain, anchor each "link" with a single stitch.



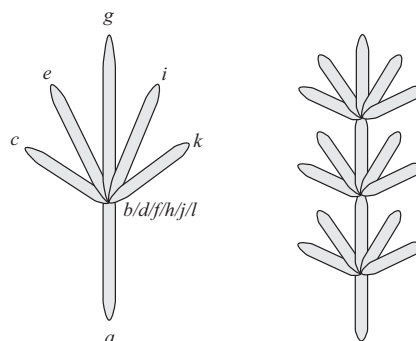
Open Fishbone Stitch

The Fishbone Stitch is a series of parallel, angled straight stitches that crossover one another on either side of a central line. You can make the stitch with or without a vertical line running through the center.



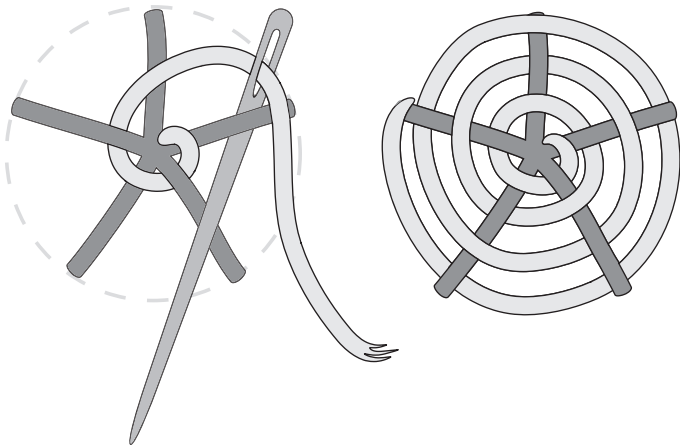
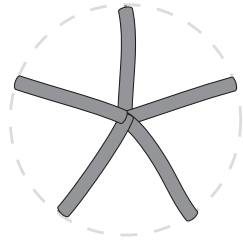
Ray Stitch

The Ray Stitch is a simple stitch comprised of (usually) five straight stitches that radiate from a central point. It can be made as a single stitch, or in a line.



Woven Wheel Stitch

The Woven Wheel is a simple stitch which can be used very effectively to make beautiful flowers. Begin by making an odd number of Straight Stitches radiating from a central point, like a wheel's spokes (it helps to use a different shade of floss for the spokes). Next, bring the needle out in the center and weave through the spokes - without going through the fabric - in an over/under sequence, until the circle fills in and the spokes are no longer visible. Once complete, stitch back into the fabric under the edge of the weaving. If you run out of floss, secure it by stitching back into the fabric and start in the same position with a new thread.



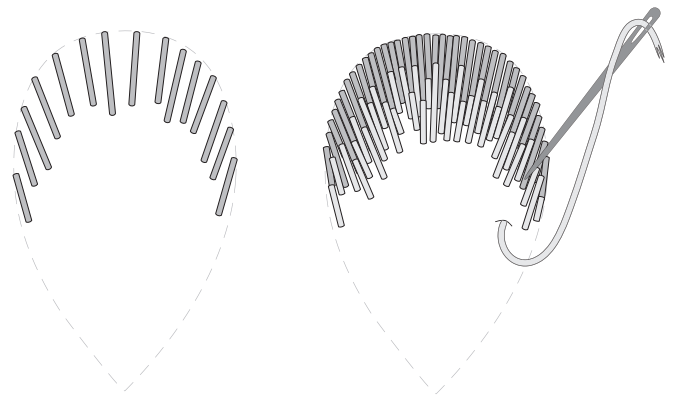
The diagram above shows a much looser version of the stitch to demonstrate the weaving, but the fill of the actual stitch will be much closer together.

Long & Short Stitch

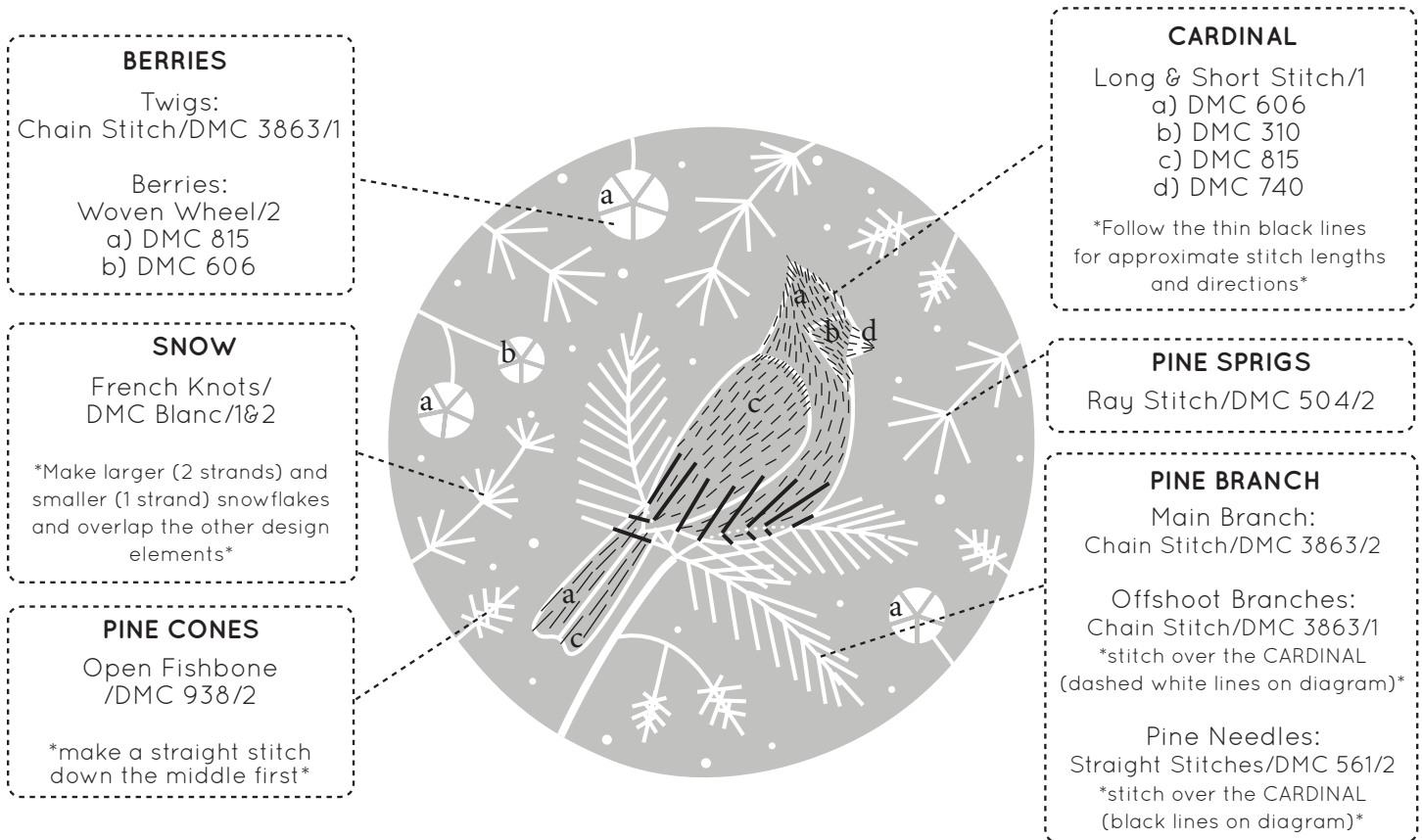
The “needlepainting” stitch, the Long & Short creates gradients and colour blends. It is particularly useful to fill in areas that require realistic shading, and often used for flower petals and leaves, or to create naturalistic animal fur.

Begin by creating a set of “directional” long stitches which follow the contour of the area you need to fill in. Similar to a Satin Stitch, lay additional stitches parallel to the directional stitches, filling the area without leaving any fabric showing through.

Stagger these stitches and alternate between shorter and longer stitches at random. Switch to the next shade, and proceed in the same manner, stitching up into the previous row, to create a natural-looking blend.



NOW PUT IT ALL TOGETHER!



EMBROIDER THESE ELEMENTS IN THE FOLLOWING ORDER:

1) PINE SPRIGS

2) BERRIES

- a) Twigs
- b) Berries

3) CARDINAL

- a) Head
- b) Face & Beak
- c) Tail
- d) Wing

4) PINE BRANCH

- a) Main Branch
- b) Offshoot Branches
- c) Pine Needles

5) PINE CONES

6) SNOW

COLOURS:

Darker Green: DMC 561
Lighter Green: DMC 504
Dark Red: DMC 815
Bright Red: DMC 606
Darker Brown: DMC 938
Lighter Brown: DMC 3863
Orange: DMC 740
White: DMC Blanc
Black: DMC 310

Key for Stitch Diagram:

Chain Stitch/DMC 732/1

type of stitch

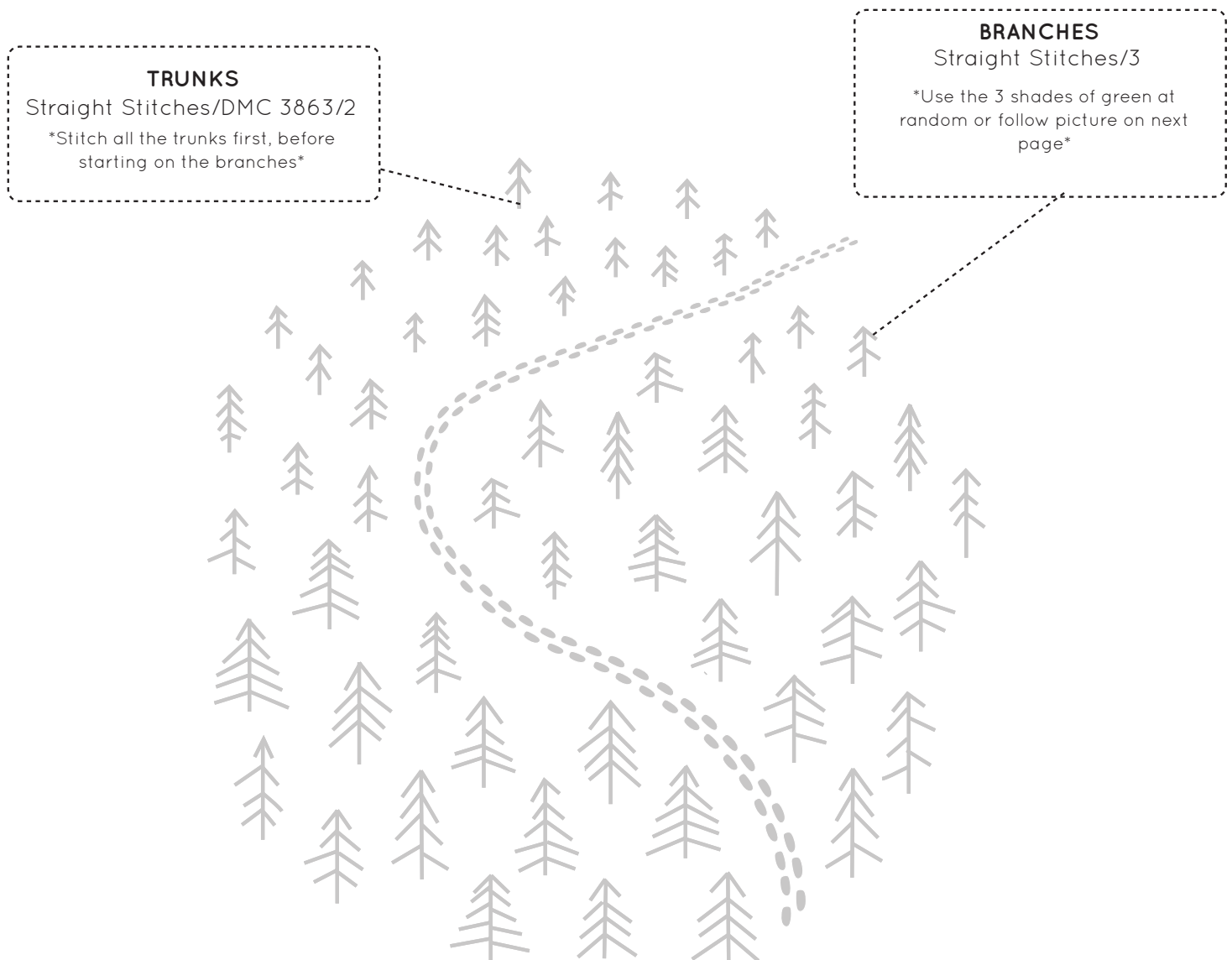
colour

of strands to use

Sampler Club Bonus Print!

If you are part of the [Sampler Club](#) you will have received this screen printed pattern along with the Cardinal Sampler.

Any stitches not found on this instruction guide can be found in the [Stitch Library](#)



Bonus Floss: DMC 732 = Olive Green

