

SIMPLE SIZE GUIDE

	LENGTH	WIDTH	DATE
LEFT			
RIGHT			

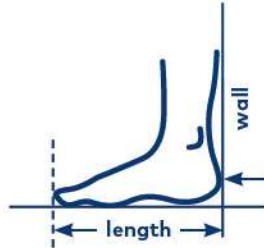
Place card here.

what you'll need:

- scissors
- tape
- pencil
- hard floor & wall
- credit card (for print scale)
- shoelace (optional)

first: setup your space

1. Cut out the width ruler and set aside.
2. Cut the bottom of the size guide along the scissor line.
3. Tape the size guide to a hard floor with the curved line touching a wall.



second: measure length

1. Place one foot on the length ruler, aligning heel with curved line.
2. Slide foot so heel is touching the wall.
3. Mark the first visible line past longest toe with pencil.
4. Record measurement in the box above.
5. Repeat for other foot.

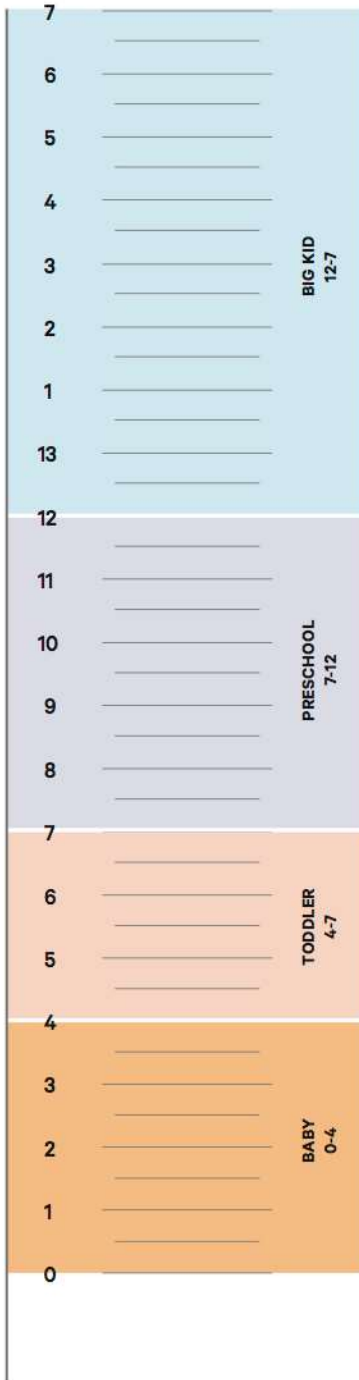


third: measure width*

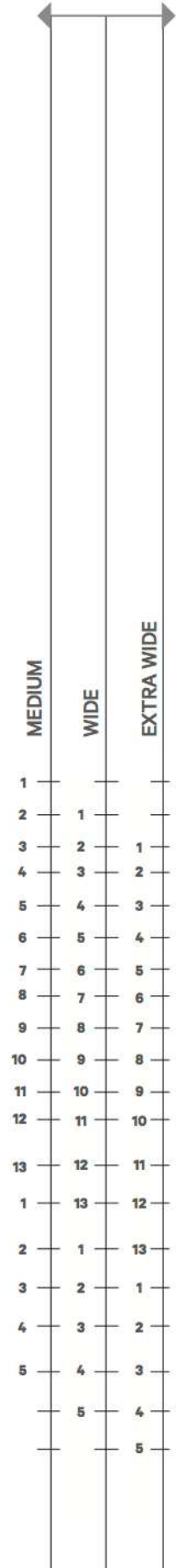
1. With child standing, wrap the width ruler around the widest part, or ball, of the foot.
2. Mark the line that meets the arrows \longleftrightarrow with a pencil. Ensure you mark the side closest to the ankle.
3. Determine where your child's length measurement falls within that line. For instance, if your child's length is 7:
 - If arrows align with the **7**, the width is **medium**.
 - If arrows align with the **7**, the width is **wide**.
4. Record each foot's width in box above.

*Width can also be determined by wrapping a shoelace around the ball of the foot and measuring it with the width ruler, beginning at the "align here" arrow line.

Note: If your child's feet are two different sizes, choose the larger one. If your child is between widths, use the wider one.



PLACE HEEL HERE FOR LENGTH



WIDTH RULER

Did you know? A child's foot can grow up to a half size every three months, so be sure to re-measure every two months.