



Racial Justice PPW prevents:

- Racial discrimination behaviors
- Racial prejudices
- Racial stereotypes

Racial Justice PPW promotes:

- Contemplating racial biases
- Observing race in our environments
- Learning about racial justice
- Taking action to combat racism



What is Racial Justice PPW?

- ❖ Racial Justice Prevention Plus Wellness (PPW) is an easy to use brief program for educators, religious leaders, youth services providers and parents who want to promote youth behaviors that support racial justice and wellness and combat racism in individuals and communities.
- ❖ Racial Justice PPW is the only single-session youth racism prevention program designed to increase anti-racial behaviors enhancing personal and community wellness.
- ❖ Racial Justice PPW utilizes an evidence-based practices screening and brief intervention format and can be implemented in-person or online.



RACIAL JUSTICE PREVENTION PLUS WELLNESS

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RACIAL JUSTICE PREVENTION PLUS WELLNESS

*Preventing Racial
Discrimination by
Promoting Anti-Racism
Behaviors among Youth*



Protecting Youth From Racism and Promoting Racial Justice

- Research indicates that perceived racial discrimination among adolescents is linked to multiple harmful effects including substance use, risky sexual behaviors, depression, lower academic achievement and poor self-esteem.
- Racial Justice PPW is specifically designed to address these risks in a single program and setting, to cost-effectively improve critical anti-racism or racial justice behaviors of adolescents.
- Racial Justice PPW screens youth for their racial justice habits, provides feedback on those habits and positive image messages, and helps them set multiple behavior goals increasing self-regulation skills.

“Racial Justice PPW is the only single-session youth racism prevention program designed to increase anti-racial behaviors enhancing personal and community wellness. Critical social justice behaviors addressed include contemplating, observing, learning and helping to prevent racism and inequity in communities. The Racial Justice PPW program was designed to help youth become more conscious, caring and connected personal and social change leaders.”

***Chudley Werch, PhD,
President
Prevention Plus Wellness***



Racial Justice PPW Programs & Training

- ✚ The **Racial Justice PPW Program** is designed for all adolescents and includes a manual with script to provide one or more group lessons, protocols for online implementation, digital downloads with PowerPoint slides and reproducible program materials and built-in pre-post program surveys.
- ✚ **2-Hour Online Training Workshops** allow professionals to quickly gain knowledge and confidence to implement, or train others to implement, the Racial Justice PPW program to other youth, youth leaders, parents or teachers.