



## Power Plant Set - Shamanic Flower Essences

The Power Plant Set may be used to enhance clarity and guidance during shamanic journeys. All of the essences in this set were made carefully to extract the potent vibration of the flowers without any toxic alkaloids. Each essence provides assistance with a particular type of issue or question, and each offers a variety of clinical benefits when used in combination with essences from other sets. Take #10 Archangel from the Moonlight Set and/or Angelique for added protection during Power Plant journeys.

Standard dosage ~ 1-3 drops under the tongue or in a small glass of water

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**Aconite** : Enhances our ability to prognosticate; treats irrational fears about the future and unexplained feelings of dread; use to journey when making life decisions

**Angelique** : A moonlight preparation of the Angelica plant, created as a companion essence for this set; provides safety and protection during altered experiences

**Baneberry** : Helps us interface with the fairy kingdom and initiate plant-spirit journeys; for attuning deeply with the plant kingdom; helps calm hyperactivity and excitable states

**Belladonna** : Enables us to cut energetic cords that hold us in toxic or unresolvable relationships; helps us understand, heal and resolve parental and family relationships

**Castor Bean** : For retrieving information from the unconscious that anchors disease in the pelvic area; helps resolve underlying issues related to infertility, miscarriages, breast cancer, fibroid tumors and prostate cancer

**Datura** : Enhances clairvoyance and dreamwork; for vision quests and learning to accept the relationship between mortality and immortality; for communication with ancestors; eases obsessive thinking

Green Hellebore : Use to access a deeper understanding of the past or mystical nature of relationships; for healing deep trauma inflicted by family members; useful for journeys to resolve deep karmic conflict

Ground Cherry : Provides assistance in releasing old and deep pain; for exploring the subconscious for clearing; assists in journeying for courage

Henbane : Creates a bridge to the realm of magic, power animals and divination; helps us access and utilize magic

Mayapple : Enhances our exploration into inaccessible parts of the personality; helps us understand elusive or enigmatic aspects of - or imbalances in - the psyche; helps with some types of depression

Pasque Flower : Helps those who live partially in other realms and suffer from fear and timidity in this realm; use when journeying for certainty or life purpose

Pokeweed : Use in journeying to access information regarding irregular cell growth in the body - including cysts, tumors and malignant growths

San Pedro Cactus : Helps resolve issues of dependency and freedom and find the unit of ourselves; helps us develop our understanding of autonomy

Sativa : Helps us find peace and overcome desires

Water Hemlock : Offers assistance in dreamwork; produces vivid dreams and lucid dreaming; for journeying to understand and transform violent aspects of the persona

Werewolf Root : For assistance in transforming the personality; helps us access the energy and help we need to change perspectives or mindsets that limit the expression of our soul; use when journeying to change habits or break addictions

Delta Gardens makes no claims that essences can alleviate or heal any disease or condition. Essences should not be used as a substitute for professional medical evaluation and care.

For more information about the Power Plant Set, contact us at:  
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Visit us online and order our essences at: [deltagardens.com](http://deltagardens.com)  
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