



## Oregano Rosemary Set - Energetic Remedies for Candida

The Oregano Rosemary Set contains a collection of essences that support the energy system when fungal infections (like candida) are present.

Standard dosage ~ 3 drops 3x/day under the tongue or in a small glass of water

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Andrographis : Strengthens resolve and courage; supports the central channel and the flow of energy through the chakra system; helps to resolve issues of reluctance or timidity

Curly Oregano : Helps to break up blocked emotions; can be useful for repression and denial; creates a trust in the inner process and a sense of peace

Dark Pearl : Helps with many emotional imbalances; stimulates chakras one and two, assisting in grounding energies before they reach the abdomen; helps us more easily manage and control emotions

Japanese Knotweed : An essence for developing group consciousness; helps resolve differences and misunderstandings; use for negotiation, group development and conflict resolution

Lavender : Calming and balancing; eases stress in the mental body; brings a sense of peace and grounding

Lemon Thyme : A general tonic for psychic cleansing; can be used in a spray to purify toxic vibrations (add three drops to water for crystal cleansing); generally stimulating and uplifting

Moonstone : Eases blocked emotions that are causing digestive distress in the stomach area

Olive : Restores energy after depletion; a good energy for over-tiredness, burnout

Oregano : A useful essence when there are conflicting emotions in the system; helps the process of letting go; good for processing both anger and sadness

Rosemary : An essence that supports self expression, creativity, outgoingness and generosity

Spilanthes : For clarity of thought and speech; helps us gain insight to internal problems and issues

Tulsi : An ideal balancer for energies that tend to run in the extremes; balances energies coming in from the crown with earth energies moving in through the feet

Usnea : Stabilizes and balances, allowing us to release bothersome thoughts and obsessions

Wild Bergamot : Helps to cool a system overheated by stress or anger; brings down the heat trapped in the upper body; energetically supports digestive systems that run cold

Yellow Dock : Helps us maintain center during crisis situations; for fears and sudden panic

Yellow Ginger : Warming and uplifting; gives a sense of belonging to those who are overly independent or anti-social

Delta Gardens makes no claims that essences can alleviate or heal any disease or condition. References to organs or physical systems indicate the etheric aspect of the body - the energetic signature of a particular organ or system - rather than the organ, itself, and are intended to guide further inquiry. Essences should not be used as a substitute for professional medical evaluation and care.

For more information about the Oregano Rosemary Set, contact us at:  
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Visit us online and order our essences at: [deltagardens.com](http://deltagardens.com)  
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