



Nurture Package

The items in the Nurture Package will help you slow down and reconnect with the energy of self-care. Use the Protection Spray regularly to remove any energetic heaviness from your living space. Wear the Protection Amulet to help you hold your healthy boundaries. Take the essences (3 drops, 3x/day) to support your good health and sleep - and to honor your natural limits. You may take these essences concurrently, as needed.

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Protection Spray : Lightly scented with essential oils, this 4-ounce spray protects us from heavy or depleting energies and establishes a sense of safety and peace. This product is for external use only and can be sprayed in spaces (home, workplace, etc.) as well as over people.

Protection Amulet : Infused with the sun and full moon, this amulet provides protection from psychic toxins and helps us hold our energy field during times of stress or change.

Pansy Essence : This essence helps the etheric body release viral imprints.

Protection Essence : This essence blend helps us hold our energy field and remain peaceful in the midst of disruptive or stimulating circumstances.

Sleep Well Essence : This combination supports peaceful sleep and is especially helpful for those who have difficulty falling or staying asleep.

Delta Gardens makes no claims that essences can alleviate or heal any disease or condition. Essences should not be used as a substitute for professional medical evaluation and care.

For more information about the Nurture Package, contact us at:

info@deltagardens.com / 603.601.6929.

Visit us online and order our essences at: deltagardens.com

83 Lafayette Road | Hampton Falls, NH 03844

DELTAGARDENS.COM