



Lily Set - Flower Essences for Betrayal & Trauma

Betrayal is a type of trauma in which we are hurt by someone we trust. Recovery from a betrayal involves releasing any pain we are carrying from the past and rebuilding our ability to trust. The lily essences address different kinds of betrayals that we may experience in relationships, and they help create a sense of balance, safety and confidence in ourselves and others.

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Amethyst Temple : For betrayals that are group or spiritual in nature; when hurt has been incurred in the name of the divine; helps reopen the heart

Casa Blanca : For later stages of recovery; harmonizes the relationship of chakra two with other chakras; for developing spiritual trust

Enchantment : Helps us recover trust when we are betrayed by a partner or close friend; for sexual betrayal; for use in incest recovery or couples therapy

Gloriosa Lily : For healing the primary wounds of betrayal by father or father figure

Sunray : For recovering trust in ourselves; for betrayal that causes damage to self-esteem; for enslavement issues when we remain the loyal caretakers of our betrayers

Tigridia : For healing the primary wounds of betrayal by mother or mother figure

Turk's Cap : For betrayal during childhood by a parent or adult that results in anger and defensiveness in the personality; for releasing and balancing repressed energies

Wood Lily : For betrayal that has caused a diminished ability to feel and express anger; helps us reconnect with healthy, positive expressions of anger

Delta Gardens makes no claims that essences can alleviate or heal any disease or condition. Essences should not be used as a substitute for professional medical evaluation and care. For more information about the Lily Set, contact us at: info@deltagardens.com / 603.601.6929.

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