



Your Personal

SHIELD

Training Guide

Snap On Elctrode Pads

 *BrownCastle*



*BrownCastle invites you to take part in
their exclusive VIP Club!*

It's FREE to Join!

*Sign up to receive exclusive discount codes, first
access to new product releases, and to shape
future products with your feedback so we can
continue to offer the best products available.*

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Thank You for Choosing BrownCastle!

Thank you so much for your purchase! As a small company we strive to provide you with not only the best products, but the best service possible.

We know you ordered our electrodes because you wanted a reliable product...that doesn't break the bank...and that's exactly what it's going to do.

If you ever don't feel satisfied in your purchase, or if you have any questions, do not hesitate to reach out to us! Every e-mail is answered personally by our U.S. employees, no automated messages or confusing conversations.

Please keep reading this PDF Guide so that you can get the most out of your purchase.

Regards,

Dr. Steven Brown

BrownCastle Founder

P.S. I invite you to become part of our "Royal" family. We want to reward you for choosing our company, so when you sign up for our VIP Club you will receive exclusive offers that only come a few times a year-no clutter in your inbox!



"I love these electrodes. They are the same quality as more expensive brands but at a much more reasonable price. Plus, with 10 sets to a pack I'm set for many months of treatment!" - Jenn

"The 'easy to use pull tab' is great because then I don't ruin the edges of the gel. With other pads my fingers would get stuck in the gel and pull it off the pad...thus making them very messy to use. With these I can use them over and over again without wearing them down."- Brad

You Are **4** Steps Away From Living Pain Free!

1. Attach one or more electrode cables (your preference) to the outputs of your device.
2. Snap on 2 electrode pads to the 2 ends of one electrode cable.
3. Place the electrodes on your skin over/around the area you would like to treat.
4. Repeat steps two and three if using a second wire for simultaneous treatment.
5. Turn on your unit and Enjoy!



Want your Electrodes to Stay *Sticky?*

1. Before applying the electrodes, gently wipe the area you are treating with a damp cloth to remove oils and dirt from the surface of your skin.
2. When you are finished, reapply the electrodes to the plastic film supplied on.
3. The electrode gel fixed to the pads is permanent and when detached from your device may be gently rinsed under cool water to clean off dirt and oils.
4. Disposable electrode gel purchased in a tube is not required. While it can be messy, it will also help create an excellent contact with callused areas.

Frequently Asked Questions

Q: Where should I place the electrodes on my body?

A: If you are treating a muscle, place the electrodes at the origin and insertion of the muscle. If you are treating a nerve, place the electrodes along the nerve's path. If you are treating a joint, place the electrodes on opposing sides of the joint. If you aren't sure, try placing the pads on both sides of the painful area.

Q: How many electrodes can I use at once?

A: Shield units allow for the use of 4 pads at once (two on each lead cord). However, our pads can be used with any unit that uses the 3.5mm snap. So you can use as many electrodes as your unit allows.

Q: These pads look different than the ones that came with my unit?

A: We have recently upgraded our electrodes based on your feedback. The new electrodes now have a more durable fabric backing and a thicker layer of conductive gel.

Q: Do I need to use conductive gel?

A: No, our pads offer a reusable medical adhesive so no gel is required. If you have dry skin or are using the pads on callused feet, you can use conductive gel with our pads to create a stronger massage.

Q: Who do I contact if I have questions or I need extra accessories?

A: We have your back, simply contact our customer support at Support@BrownCastle.us or visit us at www.BrownCastle.us We will take great care of you.



Electrodes are best paired with our new TOUCH SCREEN unit. It is the latest technology in home TENS units and offers effortless treatment to people of all ages.

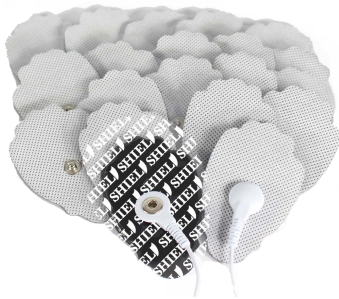


Product Catalog



Small Snap-On Electrode Replacement Pads

10 sets totaling 20 pads
1.75in long x 1.25in wide



Medium Snap-On Electrode Replacement Pads

10 sets totaling 20 pads
3in long x 2in wide



Large Snap-On Electrode Replacement Pads

10 sets totaling 20 pads
convenient pull tab
4in long x 2in wide



Kinesiology Tape

2 pack (1 Pre-Cut and 1 Continuous Roll)

3 Pack Continuous or Pre-Cut Rolls

24 Pack Continuous or Pre-Cut Rolls

Rolls are 2 in wide and over 16 ft long.
All packs come in assorted colors.