

CARE INSTRUCTIONS



- Rinse mouthguard with cold water after each use and allow to air-dry inside ventilated case
- Wash mouthguard once a week with cold water & antibacterial hand soap
- Store mouthguard in a room temperature environment
- Replace mouthguard every 1 to 2 years
- DO NOT expose mouthguard to heat of any kind
- DO NOT wash mouthguard with toothbrush, toothpaste or hot water
- DO NOT dry mouthguard with a towel or paper towel
- DO NOT soak mouthguard in bleach, alcohol or mouthwash

Your teeth mold may be used for future mouthguards. It is very fragile, so store it in a safe location! If your mold was not returned, it broke while making your mouthguard. **WE DO NOT KEEP TEETH MOLDS ON FILE!**